

# Haemodynamics in anaesthesia and intensive care

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Praha





**Medicine  
in vital functions disturbances**

**is**

**an applied physiology!**



**Medicine  
in vital functions disturbances**

(consciousness, breathing, circulation  
and homeostasis)

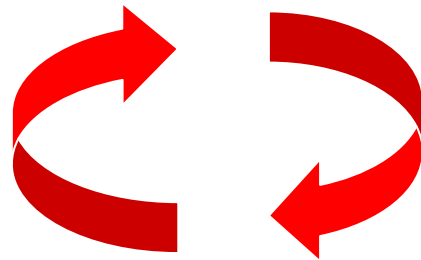
**is**

**applied physiology!**

**„Each adult has  
approximately 100 trillion cells,  
that must continuously  
exchange oxygen and nutrients  
with external milieu  
to stay alive.“**



Paul L. Marino, MD, PhD, FCCM  
The ICU Book, 3. vyd., 2006  
Lippincott Williams Wilkins



# How to manage critical states

- **A** – Airways
- **B** – Breathing
- **C** – Circulation
- **D** – Definitive diagnosis  
and treatment

**To transport oxygen  
into cells!**



prof. Peter Safar  
1924-2003

# Program



- basic physiology
- heart rhythm disturbances

## **In part 2**

- circulation monitoring
- Shock
- cannulations
- circulatory support

# Program



- **basic physiology**
- heart rhythm disturbances

## **In part 2**

- circulation monitoring
- shock
- cannulations
- circulatory support

# Circulation

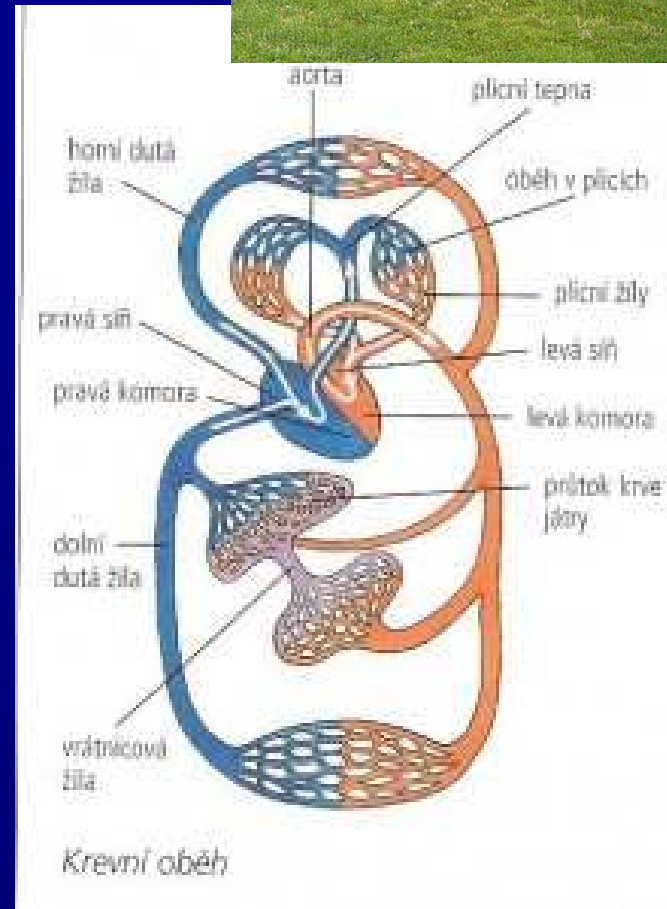
- heart as a pump
- vessels as pipes
- blood  
(filling of the system)





# Circulation

- heart as a pump
- vessels as pipes
  - distribution = arteries
  - exchanger = capillaries
  - capacitance = veins
- blood (filling the system)
  - heart 7 %
  - pulmonary circ. 9 %
  - systemic circ. 84 %
    - arteries 15%
    - capillaries 5%
    - veins 75%



# Functions of the circulation

- **transport**
  - oxygen
  - CO<sub>2</sub> + metabolites
  - cells, hormones, enzymes, drugs
- **regulatory**
  - to maintain the homeostasis
  - to enable the coordination of organs

# Circulatory failure



failure to provide transport and regulatory functions

- **heart failure:** failure to pump the amount of blood necessary to satisfy metabolic needs of tissues
  - injury of : myocardium, valves, arrhythmias, support tissues
  - **myocardial failure:** injury due to ischaemia/reperfusion, inflammation, trauma, metabolic disturbances, drugs + toxins, deposition (e.g. amyloid)
- **vessel failure:**
  - **macrocirculation:** failure to transport blood into tissues and to change the character of blood flow from pulsatile to continuous
  - **microcirculation:** exchange failure between blood and tissues
- **blood failure:** anaemia, thrombosis, bleeding



# The NEW ENGLAND JOURNAL of MEDICINE

## EDITORIAL

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Number 6

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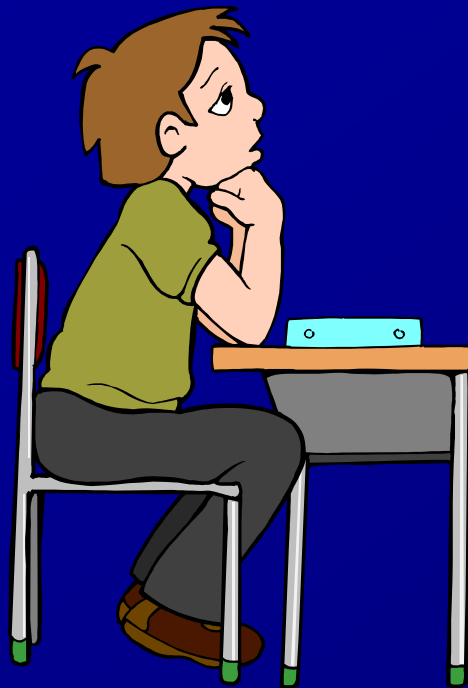
**Transfusions in Critically Ill Patients**  
E. W. Ely and G. R. Bernard

*„The art of fluid administration and hemodynamic support is one of the most challenging aspects of treating critically ill patients.“*



**The main  
short-term function  
of circulation  
is  
to transport  
enough oxygen  
into tissues!**

# Delivery of oxygen into tissues?



- cardiac output: 5 l/min
- Hb concentration: 150 g/l
- Hb saturation with O<sub>2</sub>: 98 %
- O<sub>2</sub> binding to Hb: 1,34 ml/g
- O<sub>2</sub> dissolved in plasma

$$\begin{aligned} \text{DO}_2 &= 5 * 150 * 0,98 * 1,34 + 0,225 * 13,3 \\ &= 984,9 + 2,99 \\ &\equiv 1000 \text{ ml/min} \end{aligned}$$

$$\text{DO}_2\text{I} = 520\text{-}720 \text{ ml/min/m}^2$$

# What does regulate the cardiac output?

- a) brain?
- b) heart?
- c) metabolic needs?
- d) a + b + c is correct?



# Circulation

- Heart as a pump
- Vessels as pipes
- Blood (filling the system)



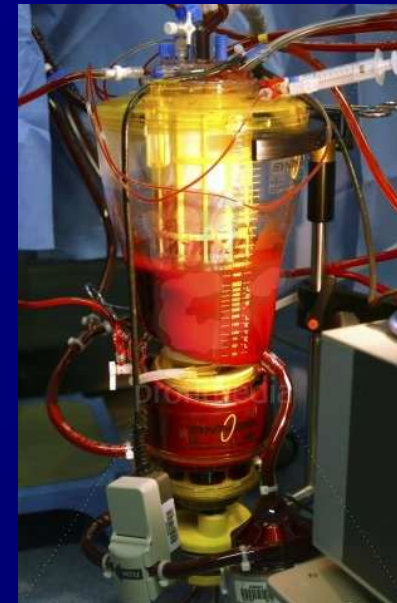
**The heart does not regulate its output!**



# Heart does not regulate its output!

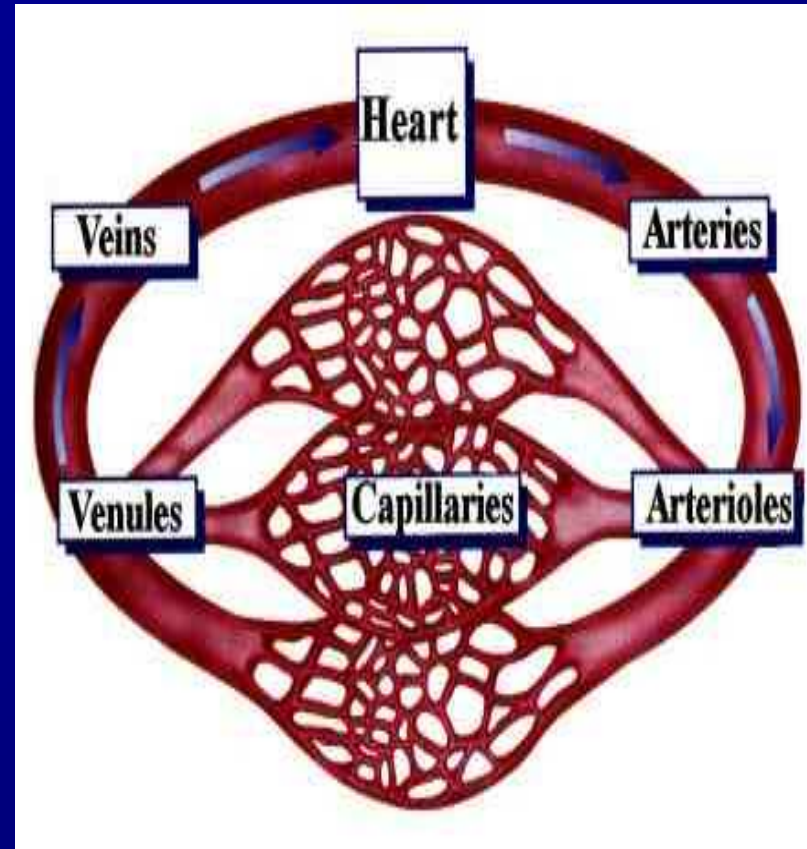
## Evidence:

- atrial stimulation 60-160/min changes CO only slightly  
Stein et al. Circulation 1966:33:925
- patient on extra-corporeal circulation:  
CO is limited by venous return  
observed by ourselves as well as by others  
unpublished



# What drives blood in the circulation?

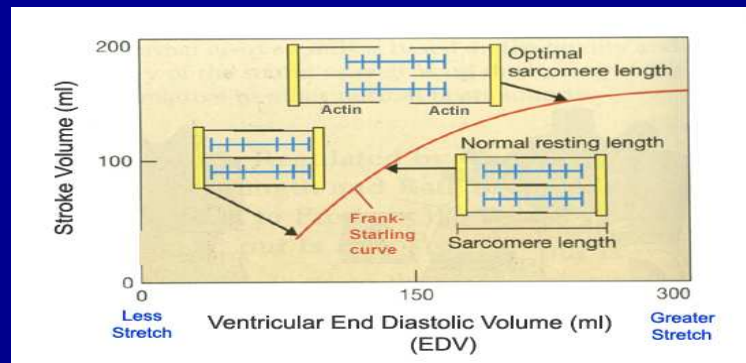
- Heart as a pump
  - competent
  - tolerant
- Vessels as pipes
  - diastolic recoil of arterial walls
  - muscle pump of veins
  - negative pressure in chest in inspiyum during spont. ventilation



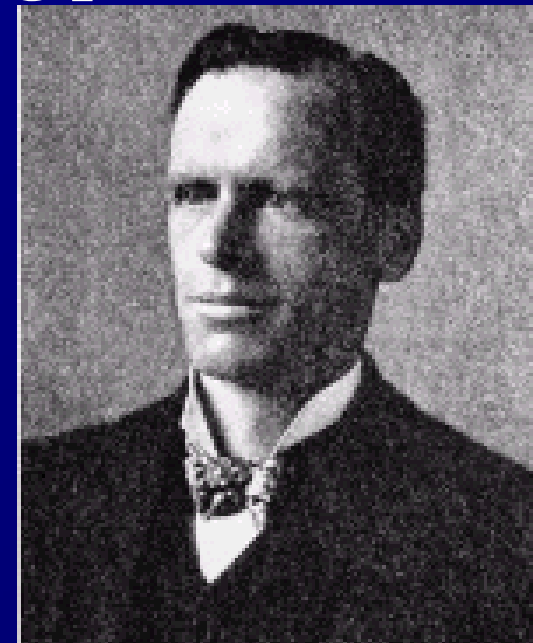
# Heart as a pump

## Competent and tolerant!

- competent
  - able to pump all blood which returns back and with low filling pressure



- Bainbridge's reflex
- tolerant (permissive)

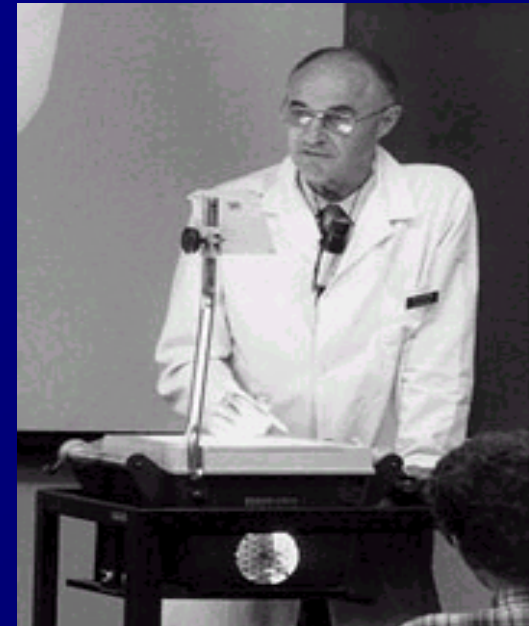


Ernest Henry Starling  
1866-1927

# Heart as a pump

## Competent and tolerant!

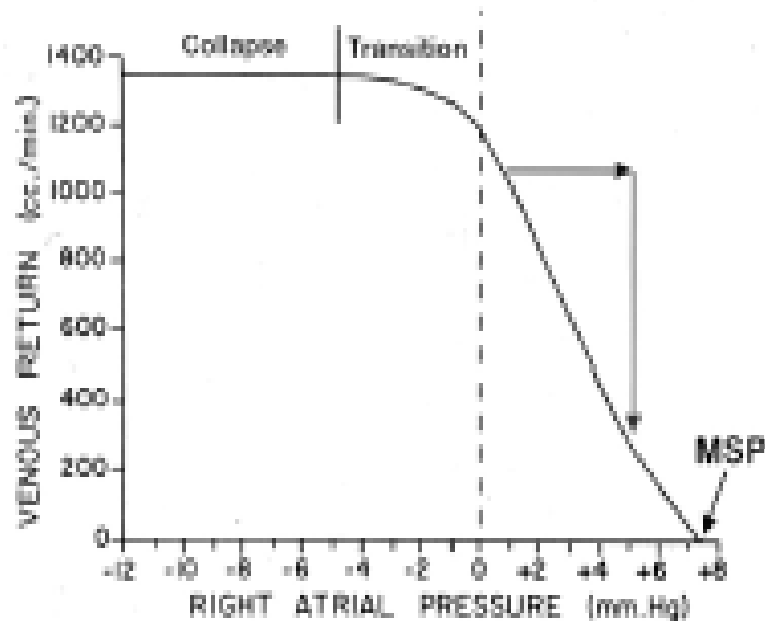
- **competent**
  - able to pump all blood which returns back and with low filling pressure
- **tolerant (permissive)**
  - **able to pump only the blood, which returns (venous return)**



Arthur C. Guyton  
1920-2003

# Venous return (VR)

The Normal Venous Return Curve

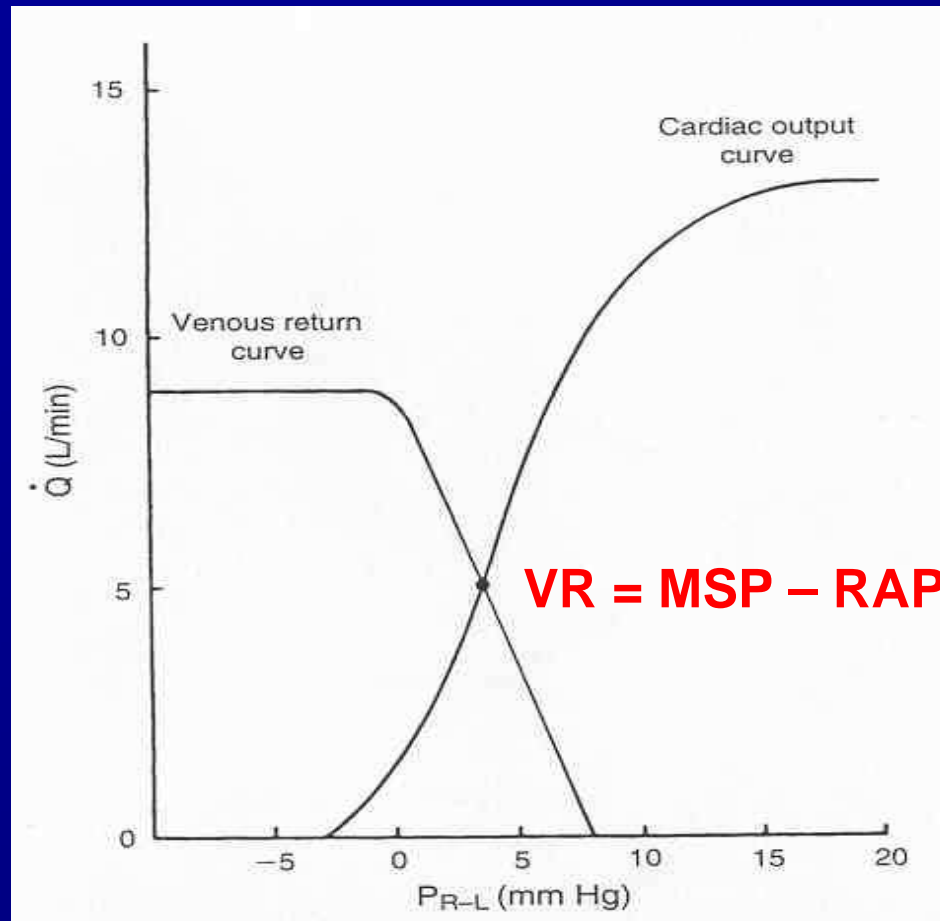


$$VR = MSP - RAP$$

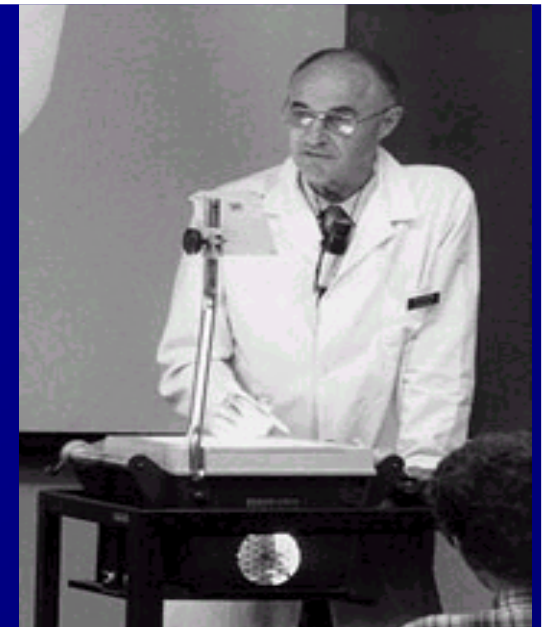
MSP (mean systemic pressure)

- blood volume
- vessel tone
- distribution of blood in circulation

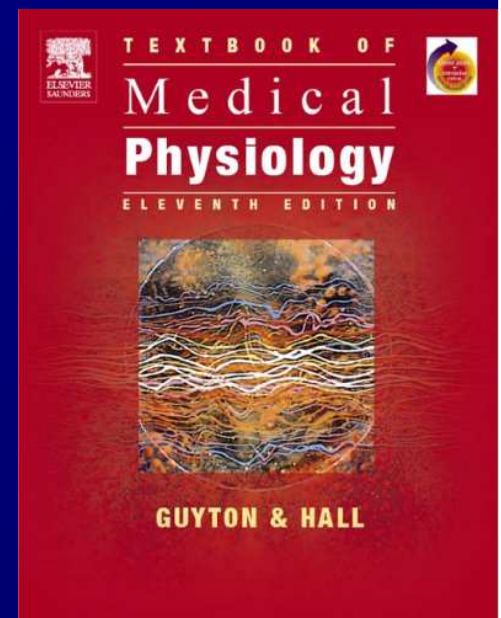
# Venous return



healthy heart



Arthur C. Guyton  
1920-2003



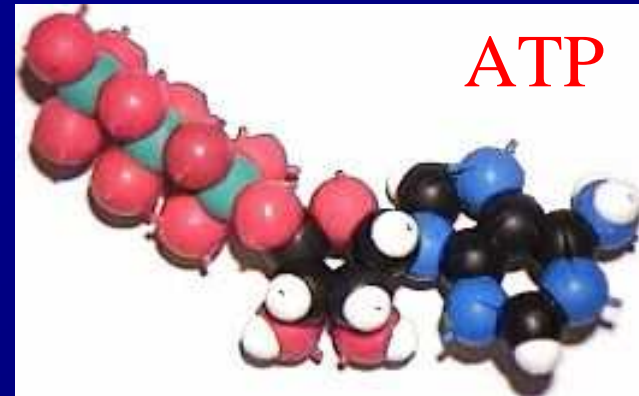


# Heart as a pump

## Competent, tolerant and omnivorous

pump is driven by ATP

- 350 g = 0,5 % b.w.
- 5% of cardiac output
- 10% body O<sub>2</sub> consumption
- synthesis and consumption 35 kg ATP daily  
=> 100 000 x amount of stores  
(calculation according to O<sub>2</sub> consumption in myocardium)
- estimated efficiency ≈ 20-40%



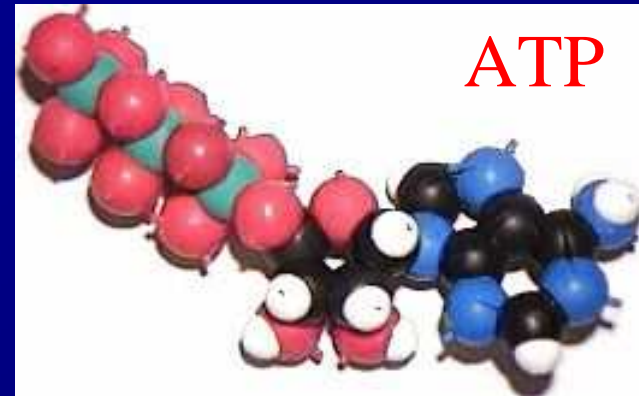
# Heart as a pump

Competent, tolerant and omnivorous

pump is driven by ATP

- fatty acids (70%/20%)\*  
1 mol 135 mol ATP  
100 g 53 mol ATP
- sugars (60-70%/50-75%)\*  
1 mol 38 mol ATP  
100 g 21 mol ATP
- lactate (10%/30%)
- other

*\*Fuel share on O<sub>2</sub> consumption  
in fasted /fed state*



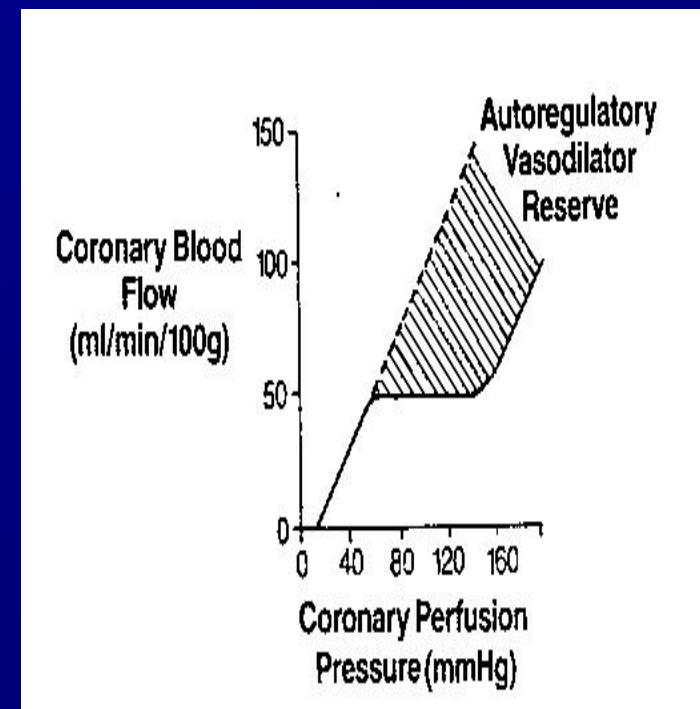
**Is the heart always omnivorous?**



# Vessels

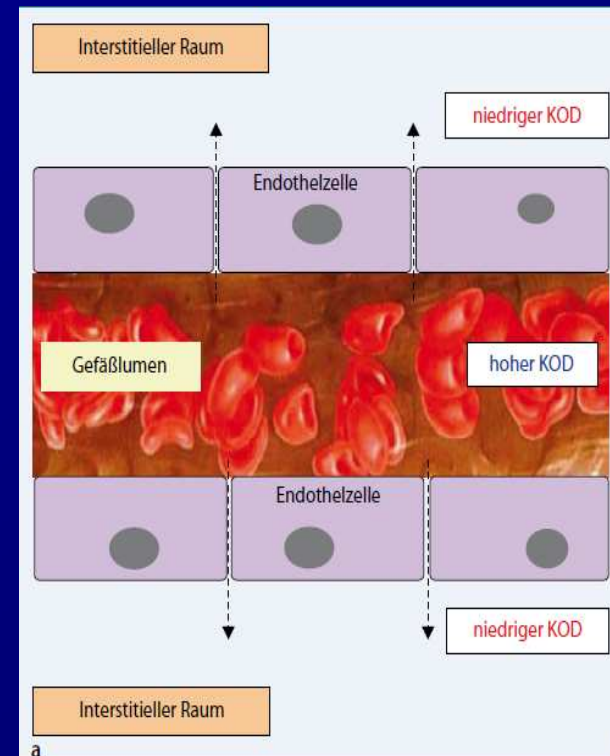
- compliant arteries
  - elastic
  - resistive (arterioles)
- capillaries
- veins
  - resistive (venules)
  - collapsing
- flow autoregulation

micro-circul.



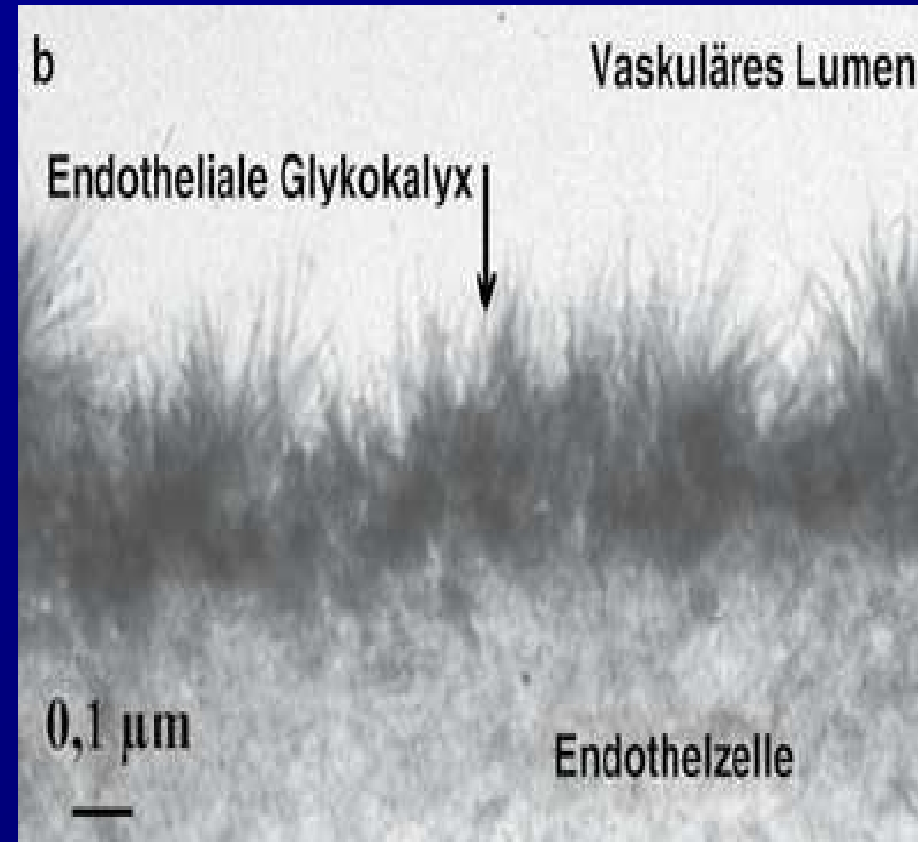
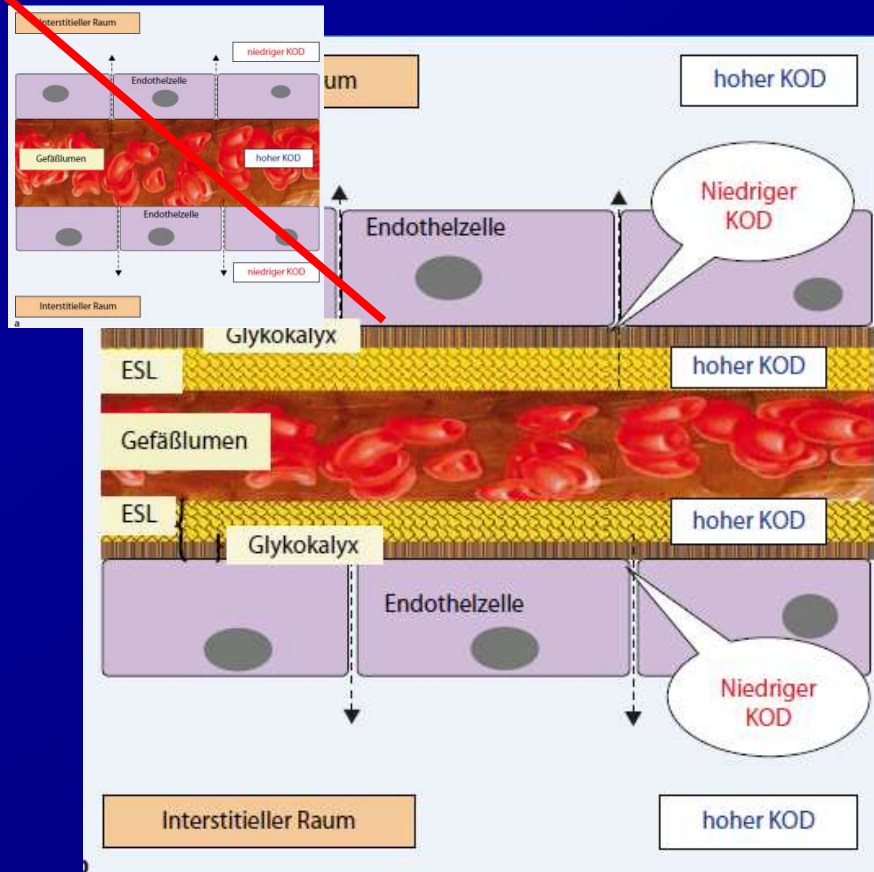
# Vessels have endothelium!

- $10^{13}$  cells, 1 kg, 4000-7000 m<sup>2</sup>
- function
  - vasomotor tone
  - fluido-coagulation balance
  - transport of nutrients and cells
  - local balance of mediators
  - formation of new vessels



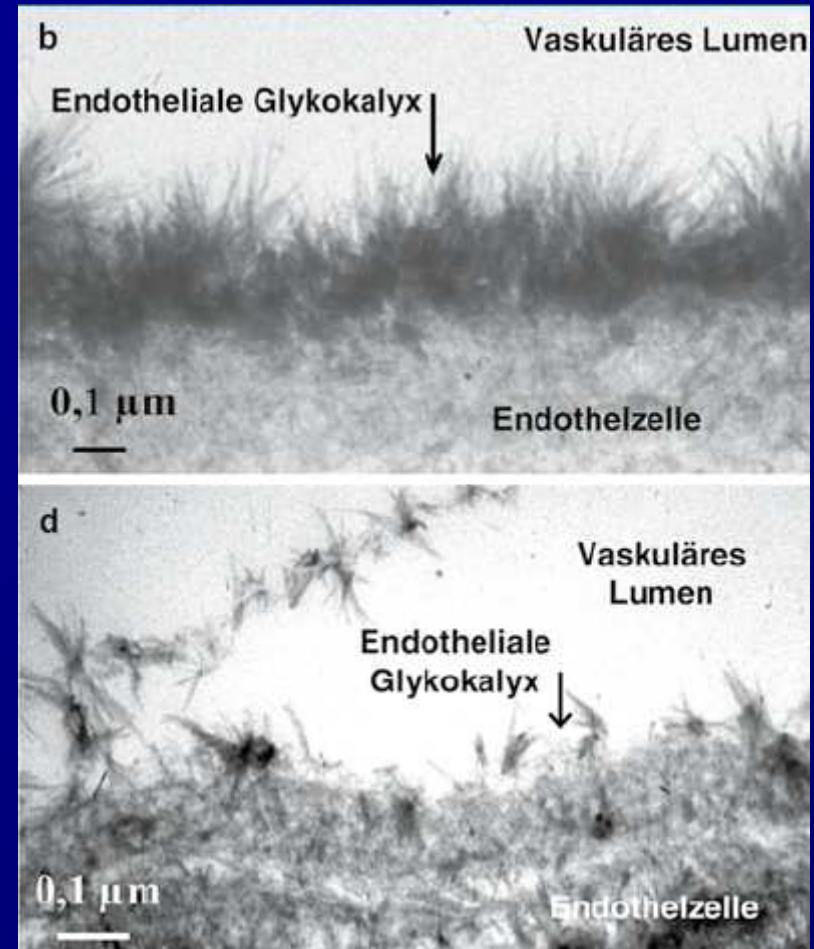
# Vessels have endothelium!

## Endothelium has glykokalyx!



# Glykokalyx functions

- filtration function
- fragile glykokalyx destroyed by ANP, TNF- $\alpha$ 
  - surgery, trauma
  - sepsis
- effects of its destruction
  - leucocytes adhesion
  - thrombocytes aggregation
  - escape of substances into interstitial space



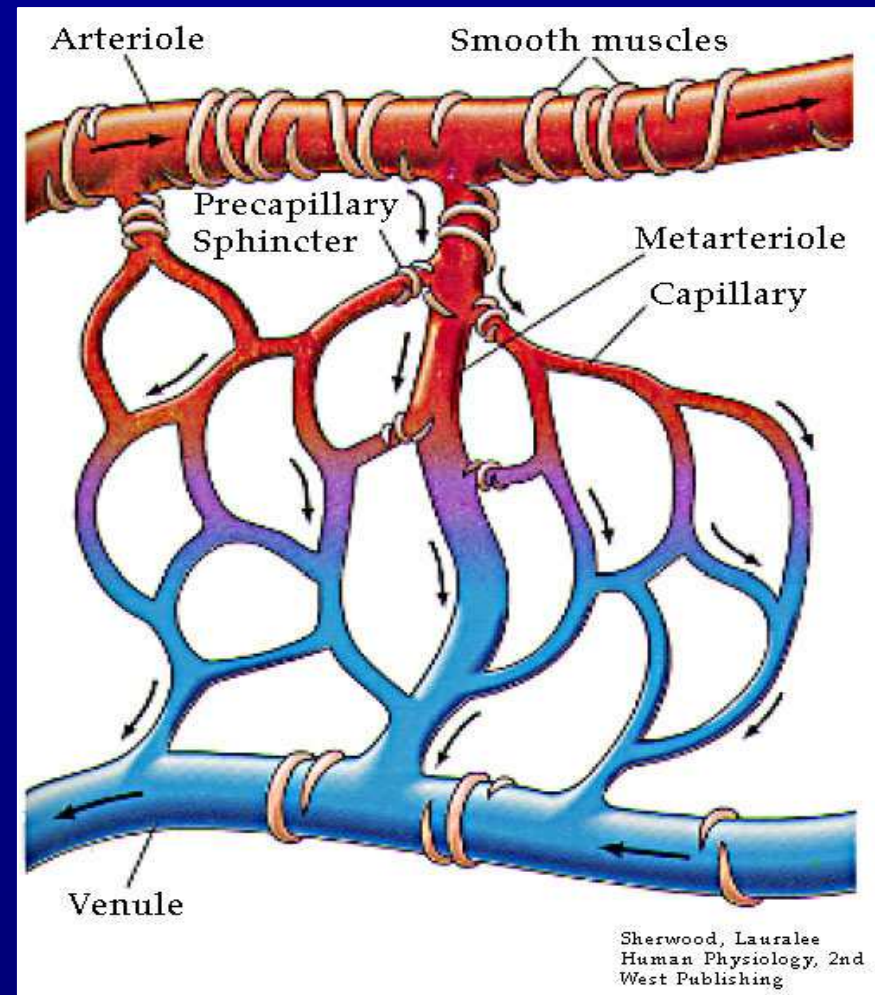


# Microcirculation – basic facts

## structure

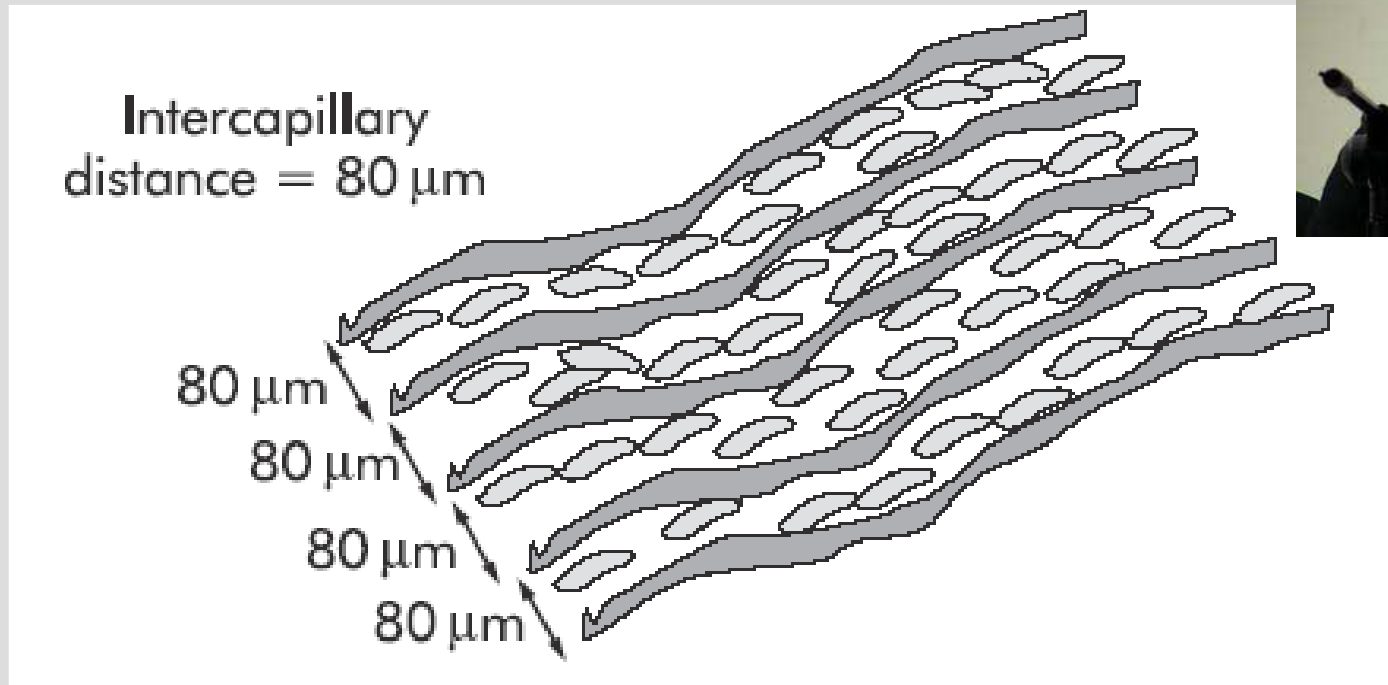
- arterioles
- capillaries  $\leq 300 \mu\text{m}$ 
  - 2000 capillaries/ $\text{mm}^2$
  - small ( $< 25 \mu\text{m}$ )
  - middle (25-50)
  - large ( $> 50$ )
- venules
- A-V anastomoses

Lymphatic system



© prof. V. Černý

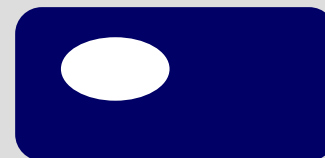
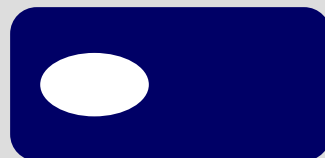
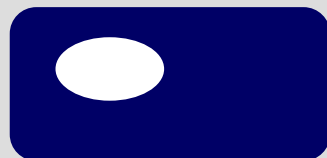




5-9  $\mu\text{m}$



„end“ capillary



20-30  $\mu\text{m}$

# Microcirculation – basic facts

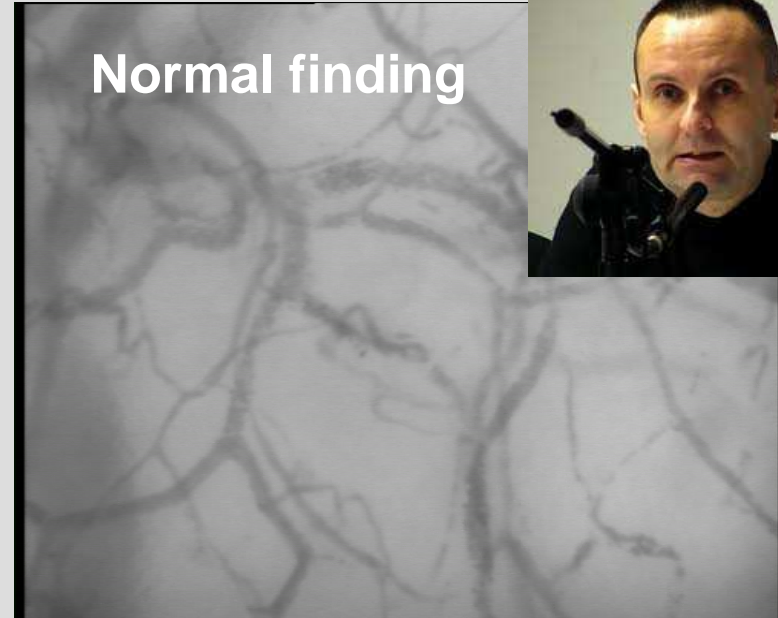
- structure
  - different in different organs and tissues
  - intraorgan heterogeneity
- flow regulation
  - systemic-regional-local-myogenic level
    - not a continual flow, but „on-off“
    - „vasomotion“ phenomenon ( $\sim$   $p\text{tO}_2$ )
    - actual metabolic needs of tissues
    - vascular reactivity and its changes (homeostasis changes, drugs)

© prof. V. Černý

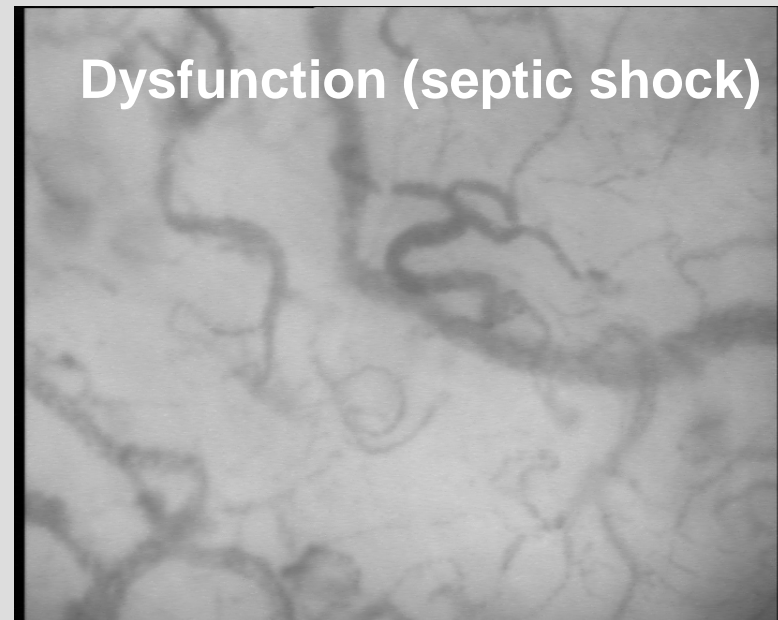
## Microcirculatory dysfunction

1. Decreased capillary density
2. Increased number of „non-perfused“ or „intermittently perfused“ capillaries
3. Restoration of normal state after topical application of acetylcholine

Normal finding



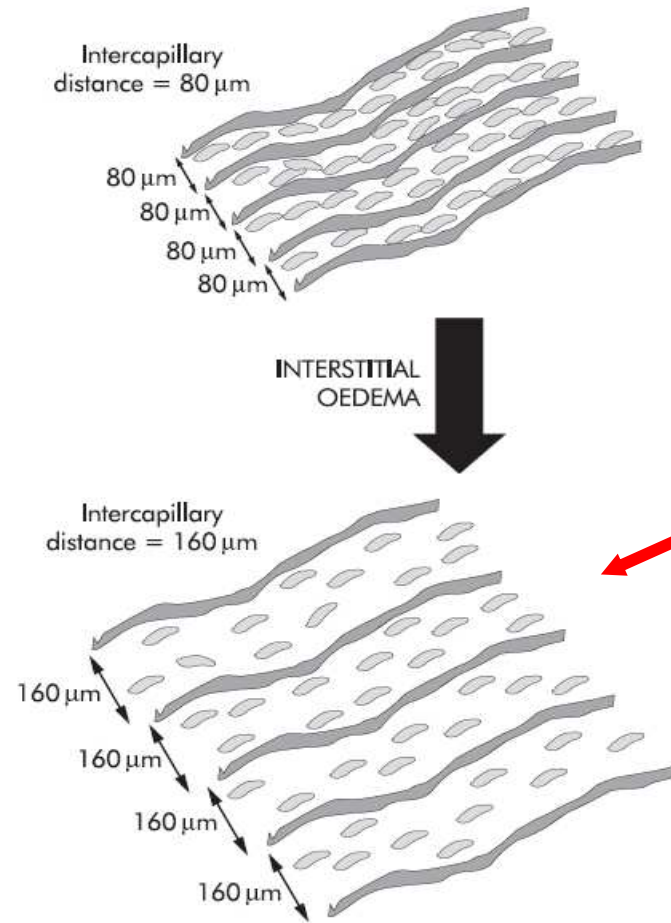
Dysfunction (septic shock)



*Own data – sublingual mucous membrane, SDF method*



Oxygen delivery and consumption in the critically ill



**The pulmonary physician in critical care • 2: Oxygen delivery and consumption in the critically ill**

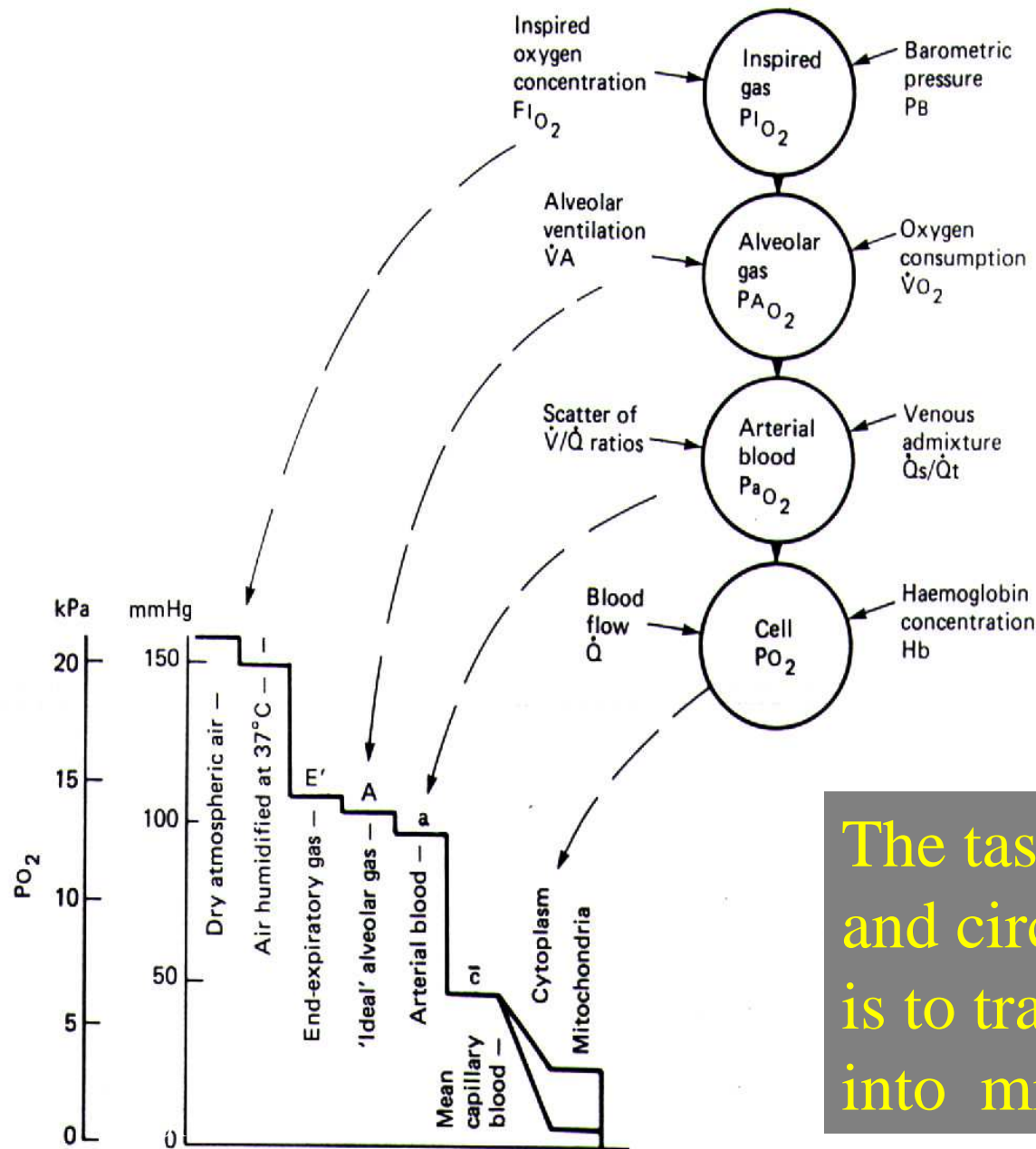
R M Leach and D F Treacher

*Thorax* 2002;57:170-177  
doi:10.1136/thorax.57.2.170

© prof. V. Černý

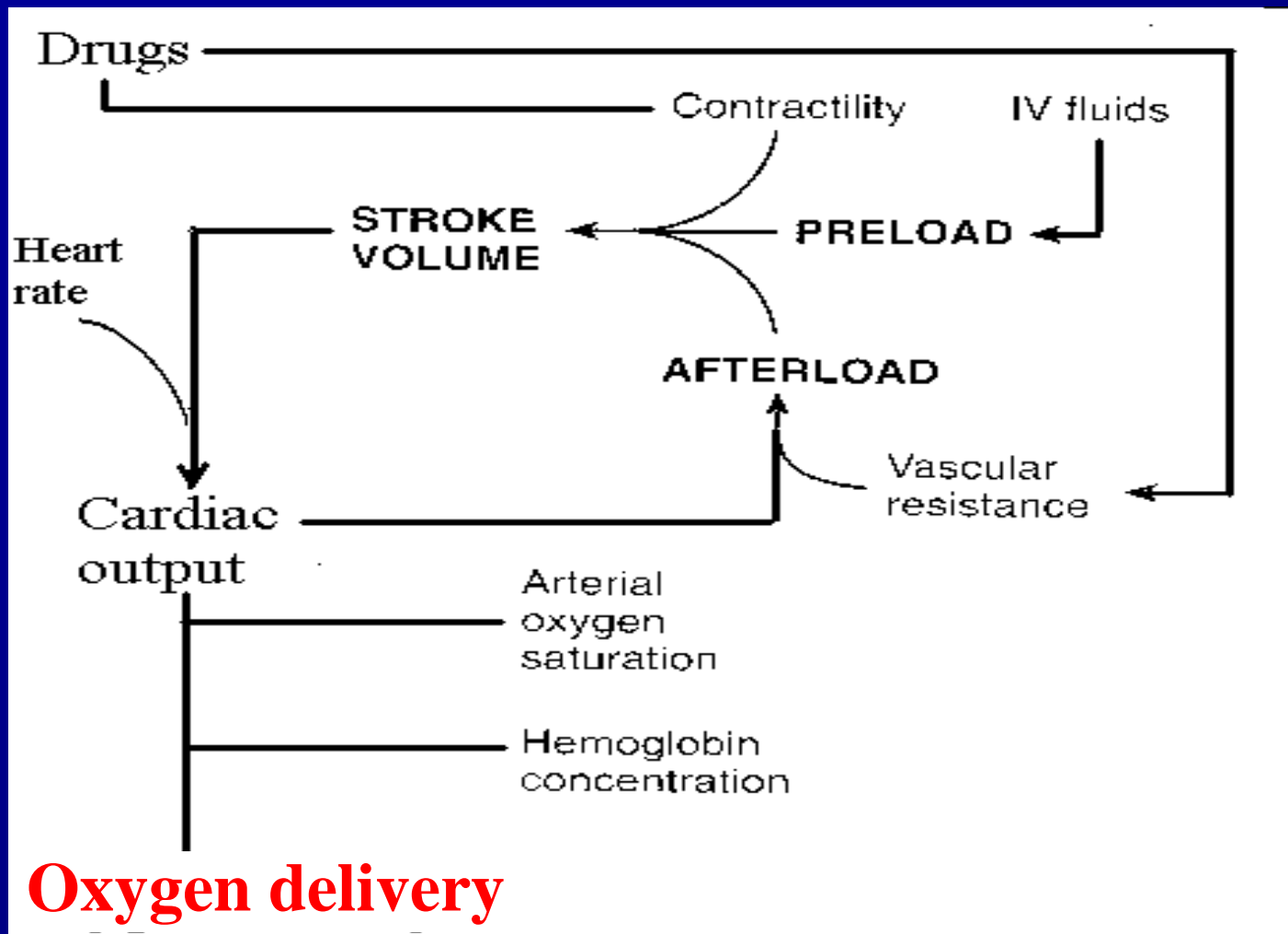
**Oxygen delivery,  
cardiac output  
and its components**

# Oxygen cascade



The task of respiratory and circulatory systems is to transport enough of  $O_2$  into mitochondria.

# Oxygen delivery



# Oxygen delivery

$$C_aO_2 = Hb \times 1,34 \times S_aO_2 + p_aO_2 \times 0,225$$

$$DO_2 = CO \times C_aO_2$$

$$520 - 720 \text{ ml/min/m}^2$$

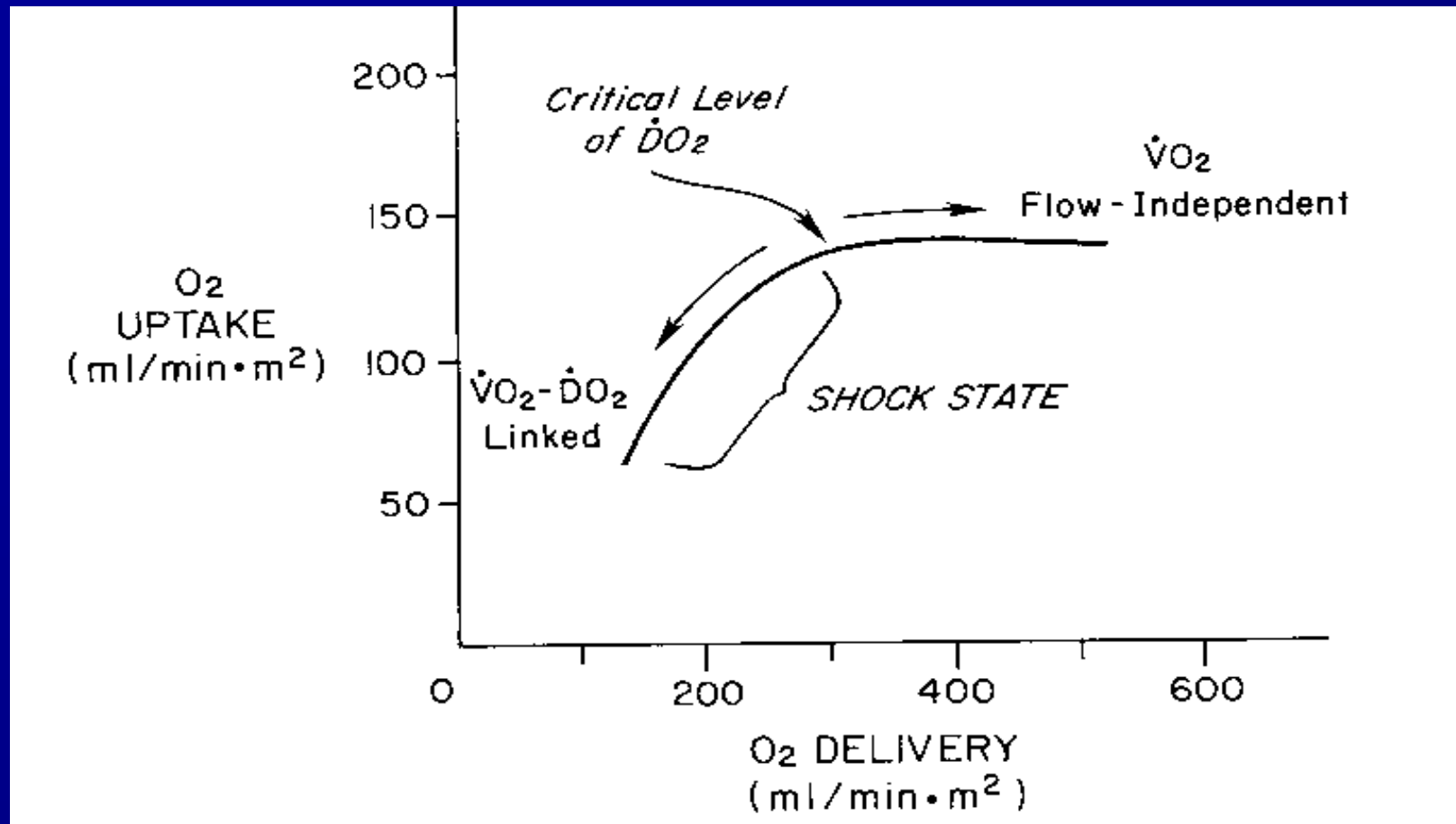
$$VO_2 = CO \times (C_aO_2 - C_vO_2)$$

$$110 - 160 \text{ ml/min/m}^2$$

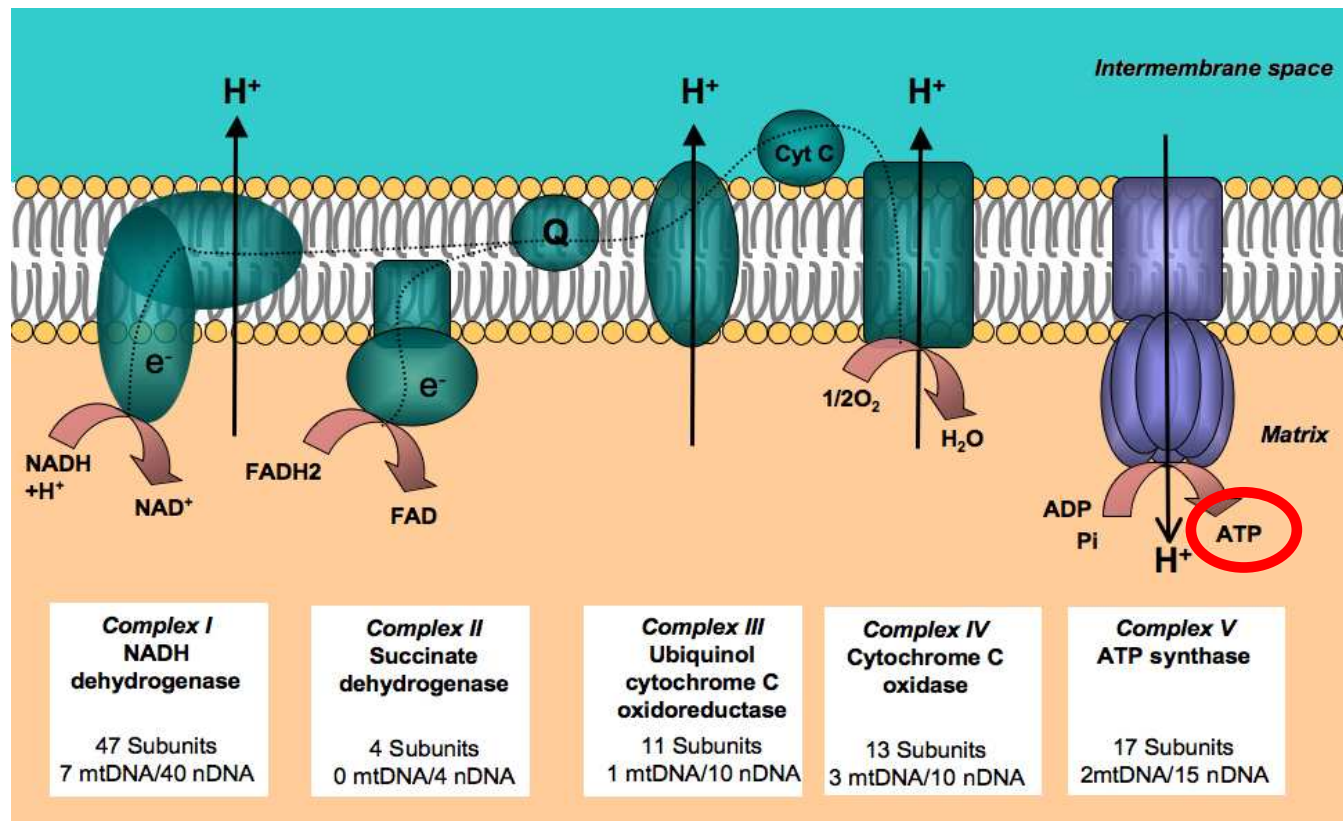
$$O_2ER = DO_2 / VO_2$$

$$0,22 - 0,32$$

# $\dot{V}O_2$ - $\dot{D}O_2$ ratio



# Electron respiratory chain in mitochondria



Frontiers in Bioscience 14, 4015-4034, January 1, 2009

# Oxygen delivery

Inadequate oxidative fosforylation in mitochondria  
is the main factor  
of MODS, MOF a death  
in critically ill.



# Cardiac output

6 Critical Care Physiology

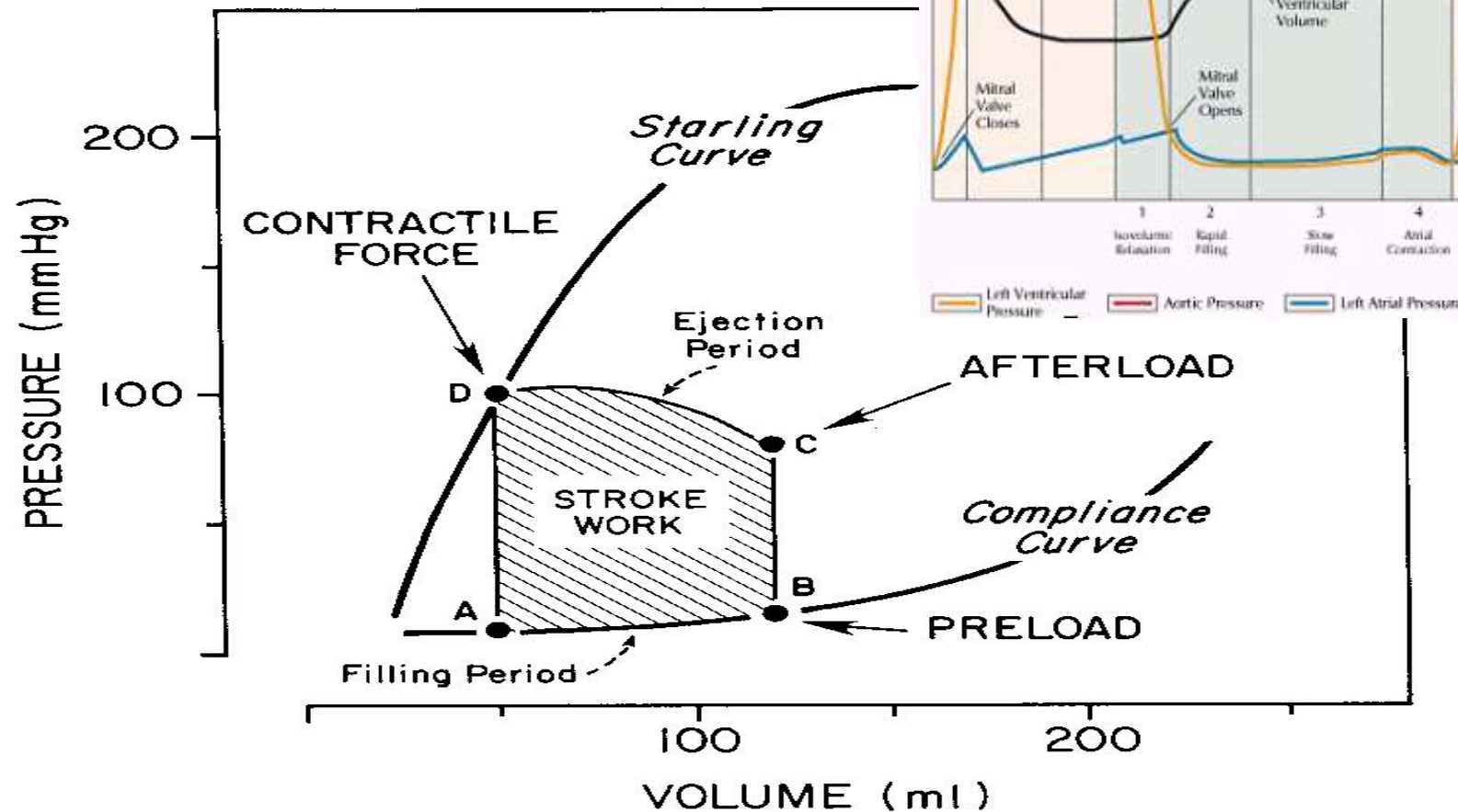


FIG. 1-2. Pressure-volume curves for the intact ventricle.



# Cardiac output

- preload
- contractility
- afterload
- rate
- rhythm & synergy of contraction
- compliance



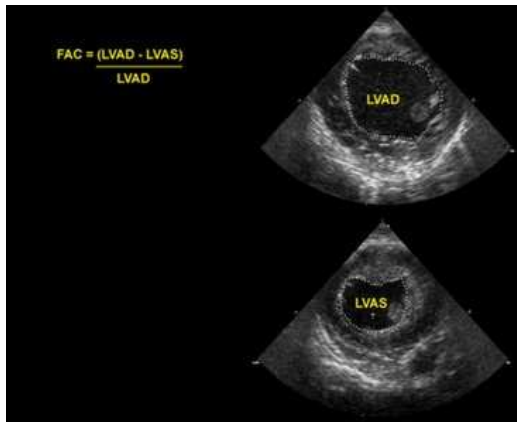
# Parameters of the heart as a pump

- chronotropy
- inotropy
- dromotropy
- bathmotropy
- lusitropy
- plecotropy
- heart frequency
- contractility
- action potential conductivity
- irritability
- relaxation
- rotation

ejection = longitudinal shortening + compression +  
rotation

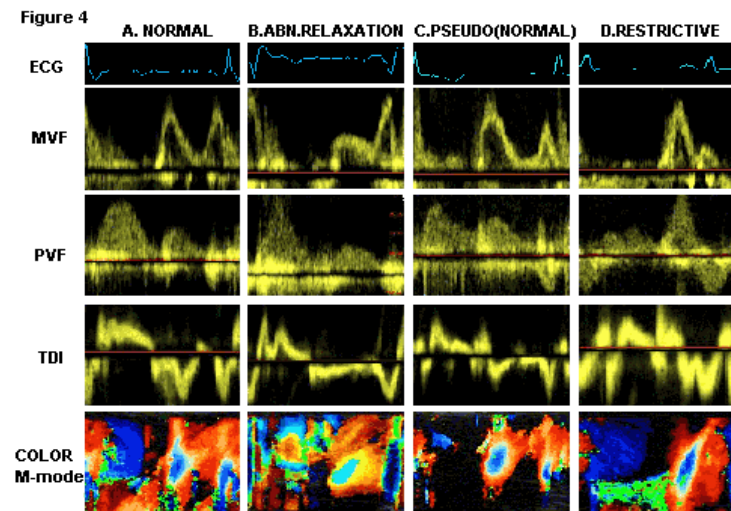
# Cardiac output

- **preload** = force stretching fibers before contraction  
= ED fiber length = EDV = EDP
  - blood volume, venous tone, ventricle compliance, contractility, afterload
- **contractility** = ability of the myocardium to contract and a to eject from the left/right ventricle = work, that the heart can do on the given level of the load
- **afterload** = force acting against fiber shortening during ejection = wall tension
  - systolic pressure, wall thickness a ventricle radius ( $T = Pr/2h$ )
  - arterial impedance
    - compliance: against velocity of changes of blod flow (pulsatile comp.) component)
    - resistance: against mean velocity of blood flow (non-pulsatile c.)



# Heart function

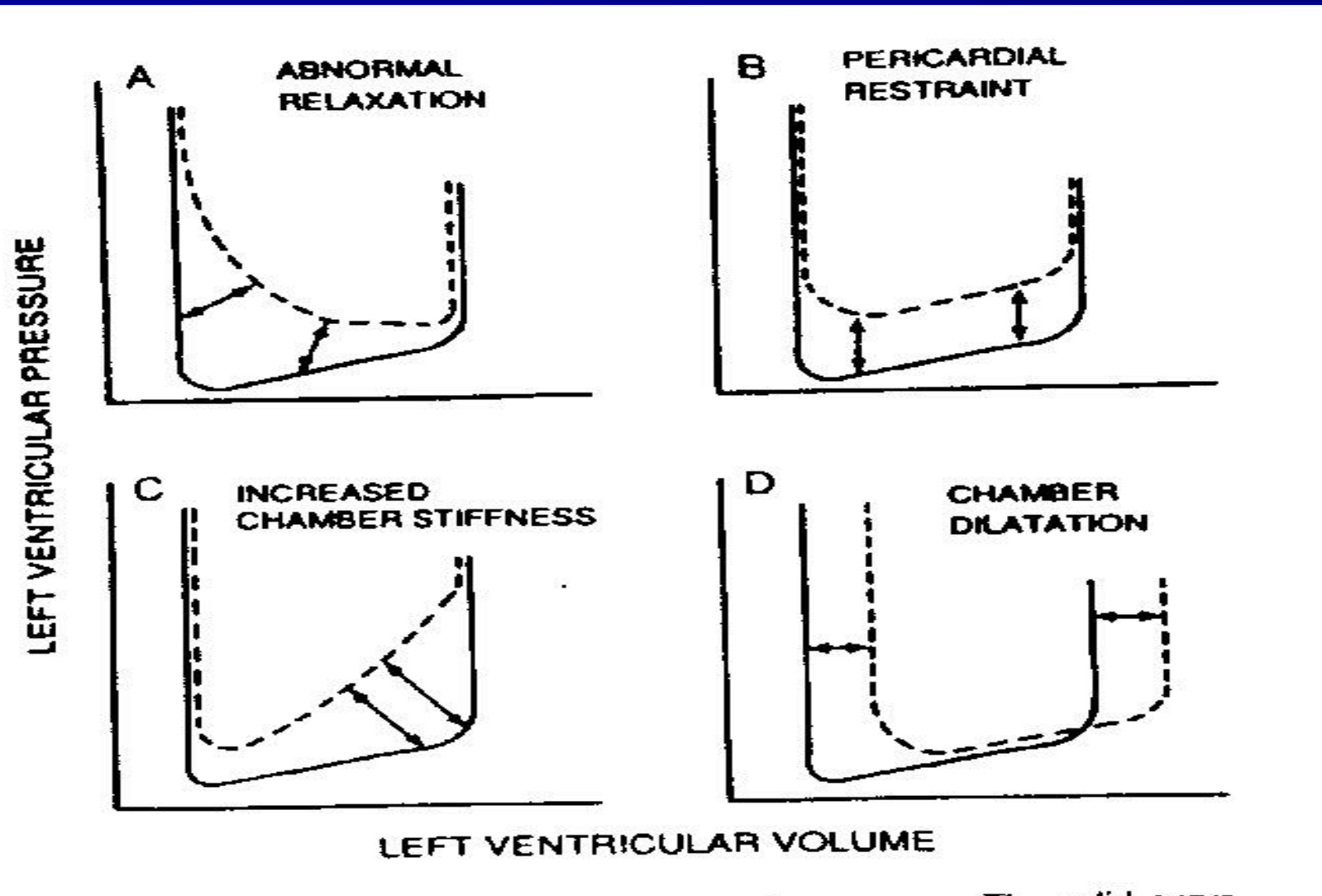
- systolic dysfunction
  - ejection fraction  $EF = (EDV - ESV)/EDV$
  - ventricle stroke work  $(MAP - PCWP) * SV * 0,0136$
- diastolic dysfunction
  - compliance  
=  $\Delta EDV / \Delta EDP$
  - distensibility
  - relaxation



# Diastolic dysfunction

- compliance  $\Delta\text{EDV} / \Delta\text{EDP}$ 
  - increased stiffness of the ventricle – AS, hypertension
  - increased stiffness of myocardium – restrictive cardiomyopathy, hemochromatosis
- distensibility =  $\uparrow$  EDP with given EDV
  - internal factors: ischaemia
  - external factors: limited expansion of the ventricle in diastoly – tamponade
- relaxation

# Diastolic dysfunction





# Cardiac output and blood pressure



$$CO = \frac{(MBP - RAP)}{SVR}$$

# Which is more important, pressure or flow?

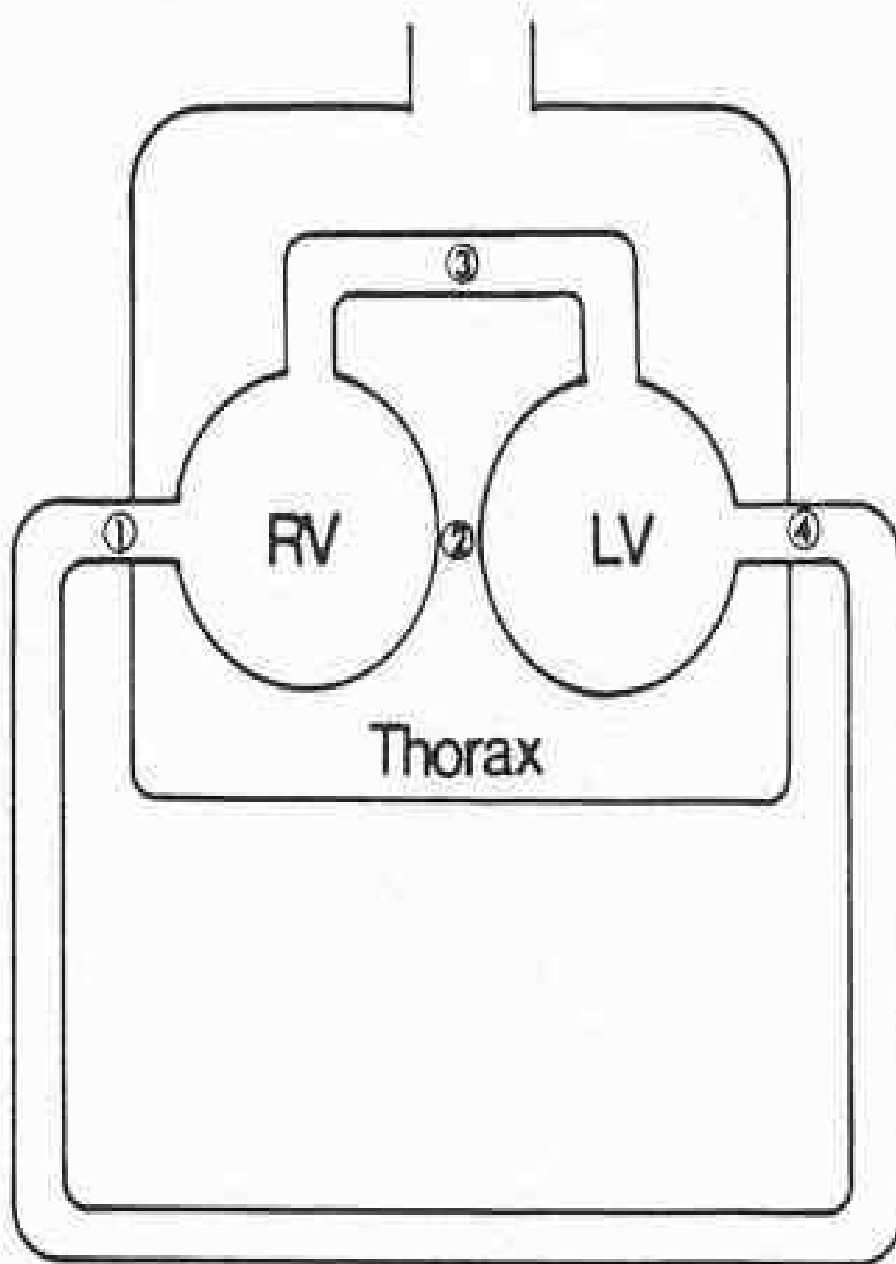
**Flow transport oxygen!**

$$DO_2 = CO \cdot Hb \cdot Sa \cdot 1,34$$

**Pressure enables flow!**

$$Q = \frac{\pi r^4}{8L\mu} \times \Delta P$$

- diameter of vessel's lumen
- viscosity



## Main aspects of cardio-pulmonary interactions:

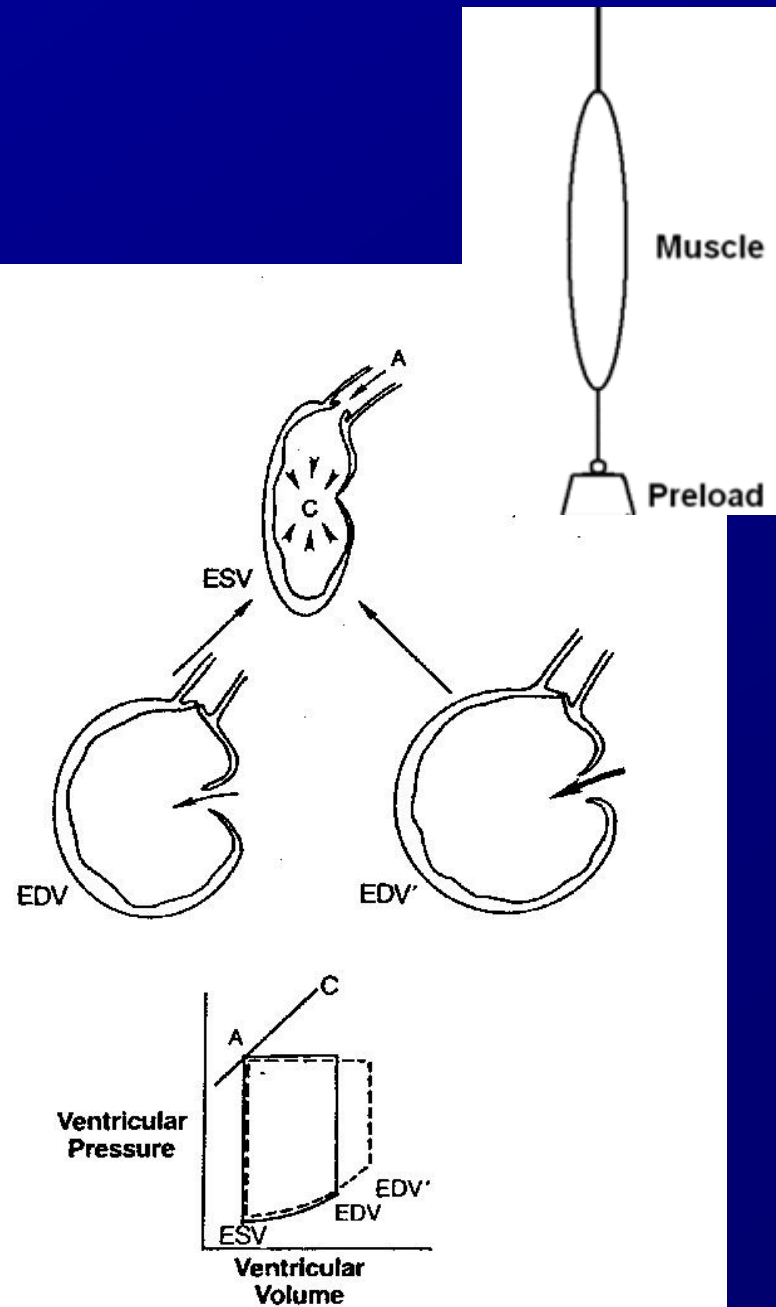
1.  $\sim P_{pl} \rightarrow \sim RAP \rightarrow \sim$  gradient for venous return
2. Interdependence of ventricles due to the shift of septum
3.  $\sim$ lung volume affects PBF, PVR and PAPsyst.
4.  $\sim P_{pl} \rightarrow \sim$ transmural Ao pres.  $\rightarrow \sim$ LV afterload

1. MV + PEEP limit VR
2. NEEP increases VR  
inspiration through a resistor  
in trauma © prof. K. Cvachovec

Preload

# Preload

- force stretching fibers at the end of diastoly
- EDV, EDP, CVP or LAP či PCWP



# Hypovolemia

Hypovolemia is common in surgical, trauma and ICU patients.

Boldt, J: New Light on Intravascular Volume Replacement Regimens: What Did We Learn from the Past Three Years? *Anest Analg* 2003;97:1595–604

Hypovolemie can lead to:

- organ dysfunction
- increased morbidity
- lengthening of stay
- death.

Gan TJ. et al. Goal-directed intraoperative fluid administration reduces length of hospital stay after major surgery. *Anesthesiology* 2002 Oct;97(4):820-6



# Blood loss in closed fractures

- forearm
  - arm
  - shank
  - femur
  - pelvis
- 50-400 ml
  - 100-800 ml
  - 100-1000 ml
  - 300-2000 ml
  - 500-5000 ml

according to Burri & Henkemeyer

In: Drábková et al.: Basics of resuscitation, Avicenum, Praha 1982



# Hypotension a hypoperfusion

**The most important cause is hypovolemia!**

Treatment = to replenish volume!

- crystalloids, kolloids, hypertonic solutions
- transfusion

**Anemia is better tolerated than hypoxia!**

- volume challenge

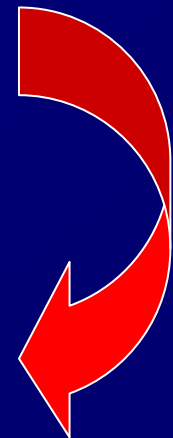
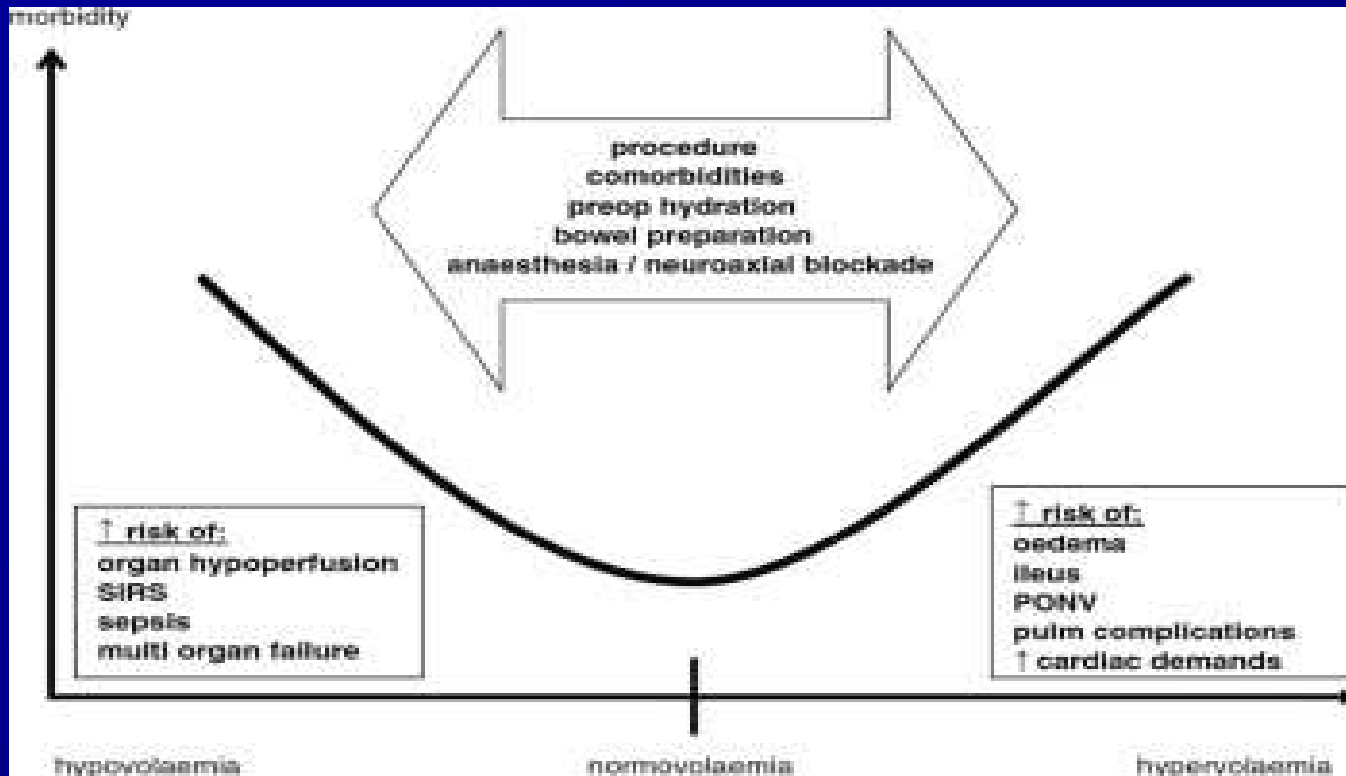
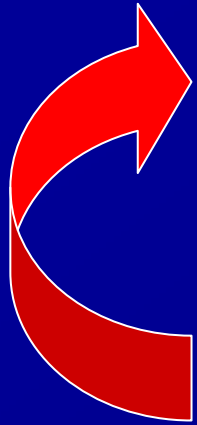
# Hypervolemia

- srdce: ↓ LVSV, ischaemia, failure
- plíce: interstitial lung edema, atelectases, pneumonia, respiratory failure
- ledviny: ↑ Load on renal function, ↑ risk of urine retention
- GIT: gut oedema, nutrition intolerance, longstanding ileus, endotoxin and bacteria translocation
- koagulace: hyper- (crystalloids), hypo- (colloids)
- hojení rány: ↓ diffusion of O<sub>2</sub>, ↓ wound healing

Holte K, Sharrock NE, Kehlet H: Pathophysiology and clinical implications of perioperative fluid excess. *Brit J Anaesth* 2002;89:622-32

# Some fluid, any fluid ... please!!

Grocott MPV, Hamilton, MA: Resuscitation fluids. Vox sanguinis 2002:82:1-8

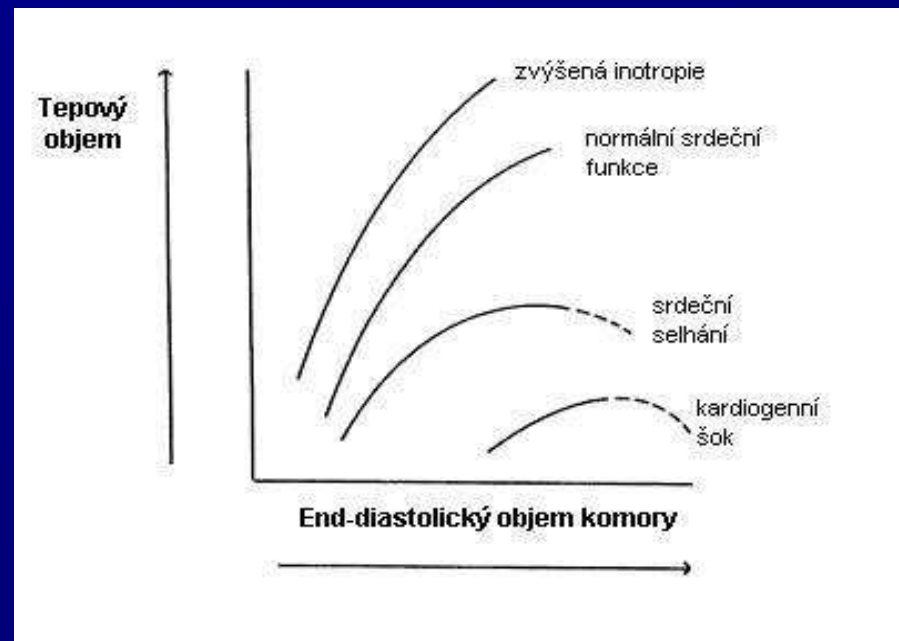
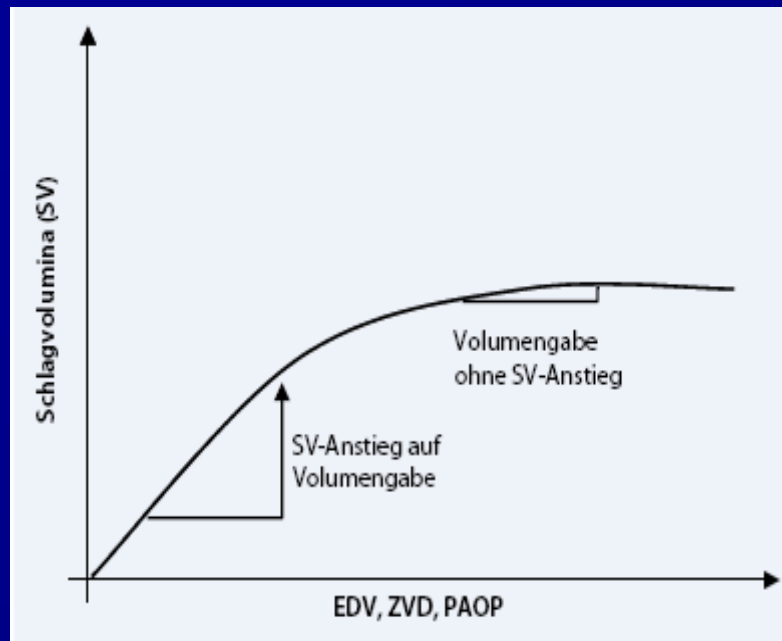


# Don't be generous with fluid!

Oh MS, Kim HJ: Basic rules of parenteral fluid therapy. Nephron 2002:92 (suppl 1):56-59

# Is hypotension caused by hypovolemia?

volume challenge: dif. dg. of hypovolemia

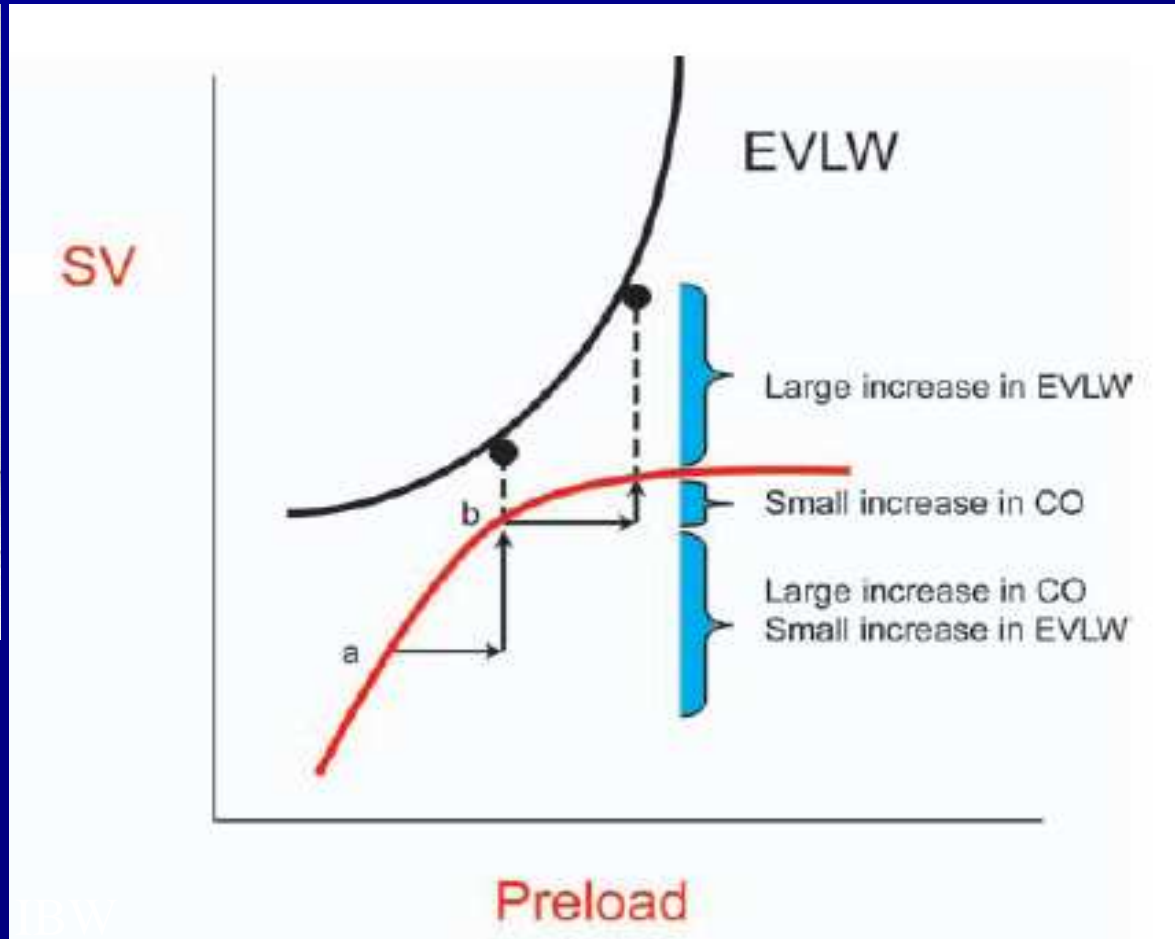


# Frankova-Starlingova křivka x Marikova-Phillipsova křivka



**Paul Ellis Marik**

norma EVLW 5-7 ml/kg BW



# How to replenish volume loss?

- crystalloids
- colloids
- hypertonic solutions
- blood



Optimal strategy remains unknown,  
is probably different in defferent patients.

# Crystalloids or colloids?

**crystalloids** – solutions of ions and small organic molecules in water

- solutions of ions
- solutions of glucose

**colloids** – homogenic dispersions of large molecules in crystalloid solution (F 1/1, hypertonic, balanced solution, glucose)

- natural x synthetic
- monodispersive x polydispersive



# Colloids

- natural
  - albumin
- synthetic
  - dextrans
  - gelatine
    - modified
    - urea-linked (Haemaccel)
    - succinyl-linked (Gelofusin)
  - hydroxyethylstarch (HES)
    - potato
    - waxy maize

# Characteristics of colloids

- size and duration of volume effect
- haemorrheology
- hemostatic effects
- interactions with endothelium  
and inflammatory cells
- adverse effects
- price

# Size and duration of volume effect

Solution	Alb. 5 %	Alb. 20%	<b>HES 130/ 0,4</b>	HES 200/ 0,5	HES 200/ 0,5	HES 450/ 0,7	Dex. 60	Dex. 40	Gel
Conc. (%)	5	20	<b>6%</b>	6	10	6	6	10	3,5- 5,5
Volume effect (%)	80 %	130 - 150 %	<b>100 %</b>	100%	130 - 150%	100%	100%	150 - 200%	80%
Volume effect (h)	2-3	2-3	<b>3-4</b>	3-4	3-4	5-6	5	3-4	1-2
M. weight (kD)	66	66	<b>130</b>	200	200	450	60	40	30-35

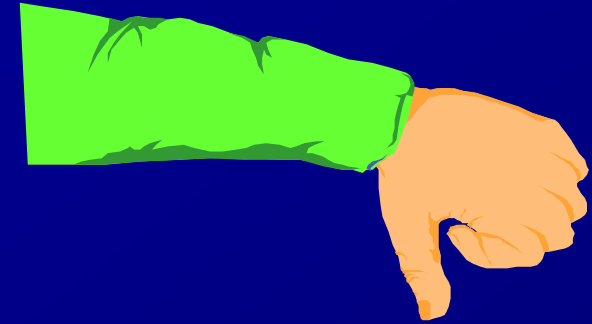
Boldt, Priebe: Intravascular Volume Replacement Therapy with Synthetic Colloids: Is There an Influence on Renal Function? Anesth Analg 2003;96:376-382

Niemi TT et al.: J Anesth 2010: 24:913-925

# Haemorrheology

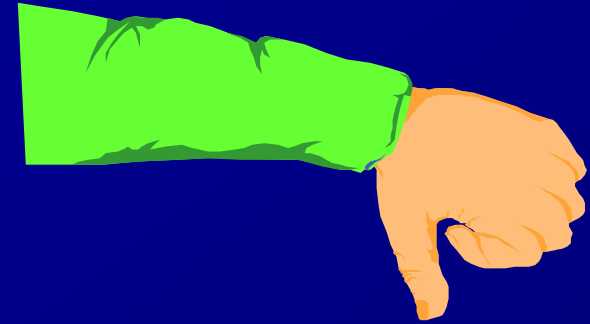
- all colloids change blood rheology  
(physics of flow a substance deformation)
- ↓ viscosity, mainly colloids with small molecule
- low-molecular dextrans ↓ erythrocyte aggregation

# Hemostatic effects



- all colloids disturb haemostasis
- Coagulation factors dilution
- **gelatine**
  - ↓ activity of thrombo, ↓ vWf, impairs polymeration of fibrin monomers
- **dextran**, mainly high-molecular
  - ↓ thrombo function, ↓ f VIII, ↑ fibrinolysis
- **HES**, mainly high-molecular
  - ↓ thrombo function, ↓ vWf

# Colloids and kidneys



- **dextrans**
  - hyperoncotic renal failure
  - tubular obstruction
  - direct toxic effect
- **gelatine** – no effect
- **HES** – cautiously in patients in risk of or with ARF

Boldt, Priebe: Intravascular Volume Replacement Therapy with Synthetic Colloids: Is There an Influence on Renal Function? *Anesth Analg* 2003;96:376-382

# Anaphylaxis risk



Colloid	Number of administrations	Anaphylaxis	Risk
Gel	9 424	32	0,345
Dextran	1 861	5	0,273
HES	5 231	3	0,058
Albumin	3 073	3	0,099
Total	19 593	43	0,219

Laxenaire MC, Charpentier C, Feldman L. Anaphylactoid reactions to colloid plasma substitutes: incidence, risk factors, mechanisms. A French multicenter prospective study. *Annales Francais d'Anesthesie et Reanimation* 1994;13:301–10



# Crystalloids or colloids?

Christiane Hartog  
Konrad Reinhart

## CONTRA: Hydroxyethyl starch solutions are unsafe in critically ill patients

Intensive Care Med (2009) 35:1337–1342

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C. Hartog and K. Reinhart contributed equally to this work.

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The article arguing for this proposition is available at:  
doi:[10.1007/s00134-009-1520-6](https://doi.org/10.1007/s00134-009-1520-6).

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Fax: +49-3641-9323 102

**Abstract** *Purpose:* To describe the risk–benefit profile of hydroxyethyl starch (HES).

*Methods:* Narrative review.

*Results:* (1) Efficacy: no single clinical study or systemic review has shown that administration of any HES solution confers a clinically relevant benefit compared to crystalloids in critically ill patients or surgical patients in need of volume replacement. Contrary to beliefs expecting a ratio of 4:1 or more for crystalloid to colloid volume need, recent studies of goal-directed resuscitation observed much lower ratios of between 1 and 1.6. (2) Safety: HES administration is associated with coagulopathy, nephrotoxicity, pruritus and increased

long-term mortality. Clinical studies claiming that modern HES 130/0.4 is safe have serious methodological drawbacks and do not adequately address the safety concerns. *Conclusions:* Given the complete lack of superiority in clinical utility studies and the wide spectrum of severe side effects, the use of HES in the ICU should be stopped. The belief that four times as much crystalloid as colloid fluid volume is needed for successful resuscitation is being seriously questioned.

**Keywords** Colloids · Crystalloids · Hydroxyethyl starch · Efficacy · Safety · Critically ill



EUROPEAN MEDICINES AGENCY  
SCIENCE MEDICINES HEALTH

19 December 2013  
EMA/809470/2013



## Hydroxyethyl-starch solutions (HES) no longer to be used in patients with sepsis or burn injuries or in critically ill patients

HES will be available in restricted patient populations

On 23 October 2013, the Coordination Group for Mutual Recognition and Decentralised Procedures – Human (CMDh)\*, endorsed by majority the recommendations of the European Medicines Agency’s Pharmacovigilance Risk Assessment Committee (PRAC), which concluded that HES solutions must no longer be used to treat patients with sepsis (bacterial infection in the blood) or burn injuries or critically ill patients because of an increased risk of kidney injury and mortality.

HES solutions may continue to be used in patients to treat hypovolaemia (low blood volume) caused by acute (sudden) blood loss, where treatment with alternative infusions solutions known as ‘crystalloids’ alone are not considered to be sufficient. In order to minimise potential risks in these patients, HES solutions should not be used for more than 24 hours and patients’ kidney function should be monitored

# Capillary leakage

- CNS: disturbed consciousness
- srdce: decreased compliance, diastolic dysfunction
- lung: oedema, disturbed gas exchange
- gut: ↓ absorption, ↑ bacteria translocation
- tissues: disturbed O<sub>2</sub> diffusion, impaired wound healing

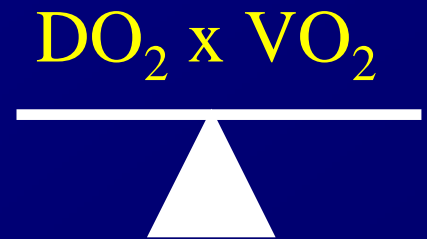
Traylor, R.J., Pearl, R. G.: Crystalloid Versus Colloid Versus Colloid: All Colloids Are Not Created Equal. Anest Analg 1996;83:209-12

# Guidelines for perioperative infusion therapy

- no universally accepted guidelines
- to replenish perioperative deficit
  - effect of illness or treatment (e.g. diuretics)
  - preoperative fasting?
  - gut preparation (e.g. laxatives)
- to maintain normovolemia
- to maintain concentration of haemoglobin and coagulation factors

# Conclusion

- low RAP makes venous return easier  
( $VR = MSP - RAP$ )
- hypervolemia releases ANP, which destroys glycocalyx  $\rightarrow$  escape into interstitium
- low ESV represents low afterload  
( $T = P \cdot r / 2h$ )
- oxygen delivery/consumption in balance
- **Maintain homeostasis!**  
(diseased heart can be choosy, not omnivorous)



# Program



- basic physiology
- **heart rhythm disturbances**

## In part 2

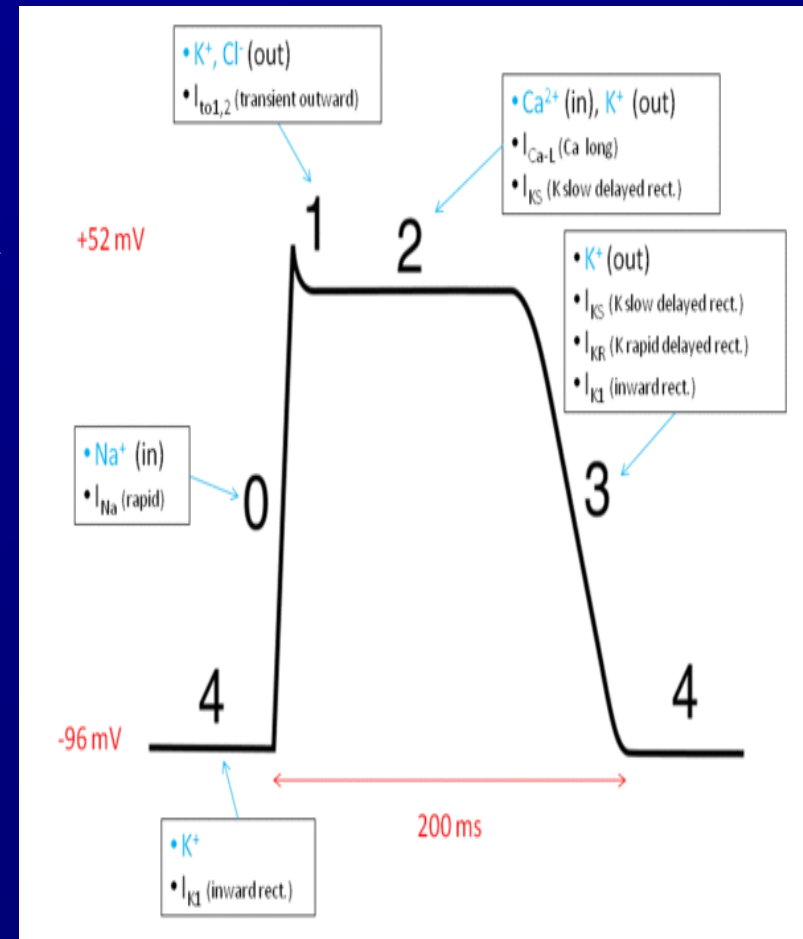
- circulation monitoring
- shock
- cannulations
- circulatory support

# Myocyte electrophysiology

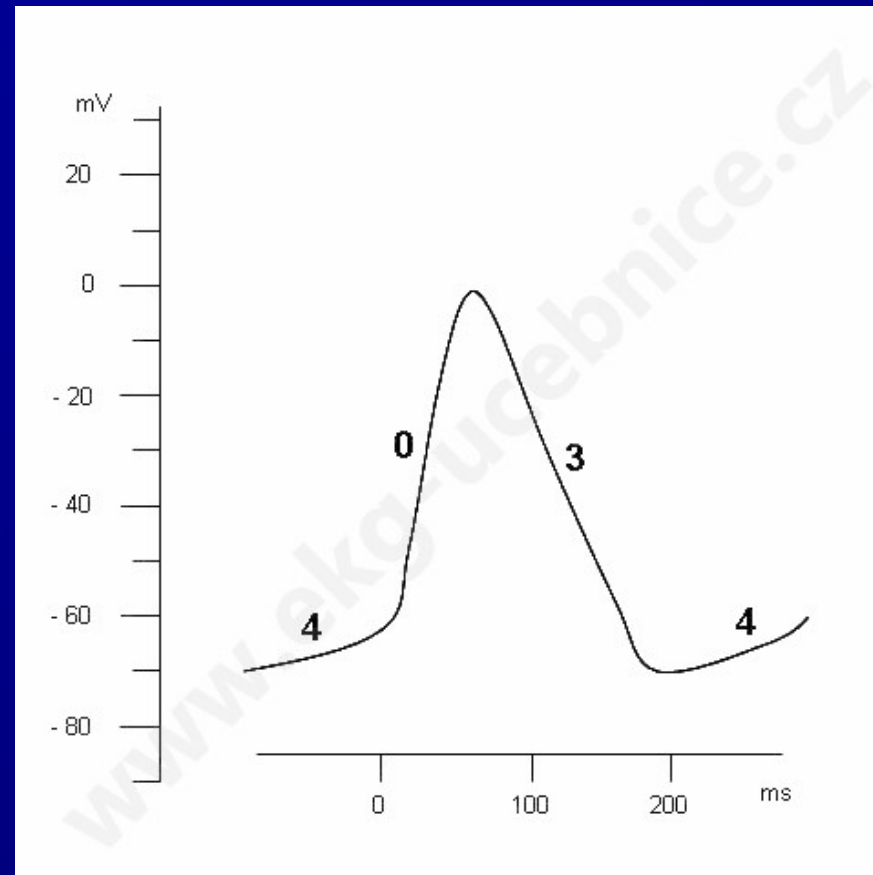
- resting transmembrane potential  
Nernst, resp.  
Goldman-Hodgkin-Katz equation

$$E = \frac{RT}{zF} \ln \frac{[\text{ion outside cell}]}{[\text{ion inside cell}]}$$

- action potential
  - 0 rapid depolarisation
  - 1 early rapid repolarisation
  - 2 plateau
  - 3 rapid repolarisation
  - 4 resting transmembrane. p.



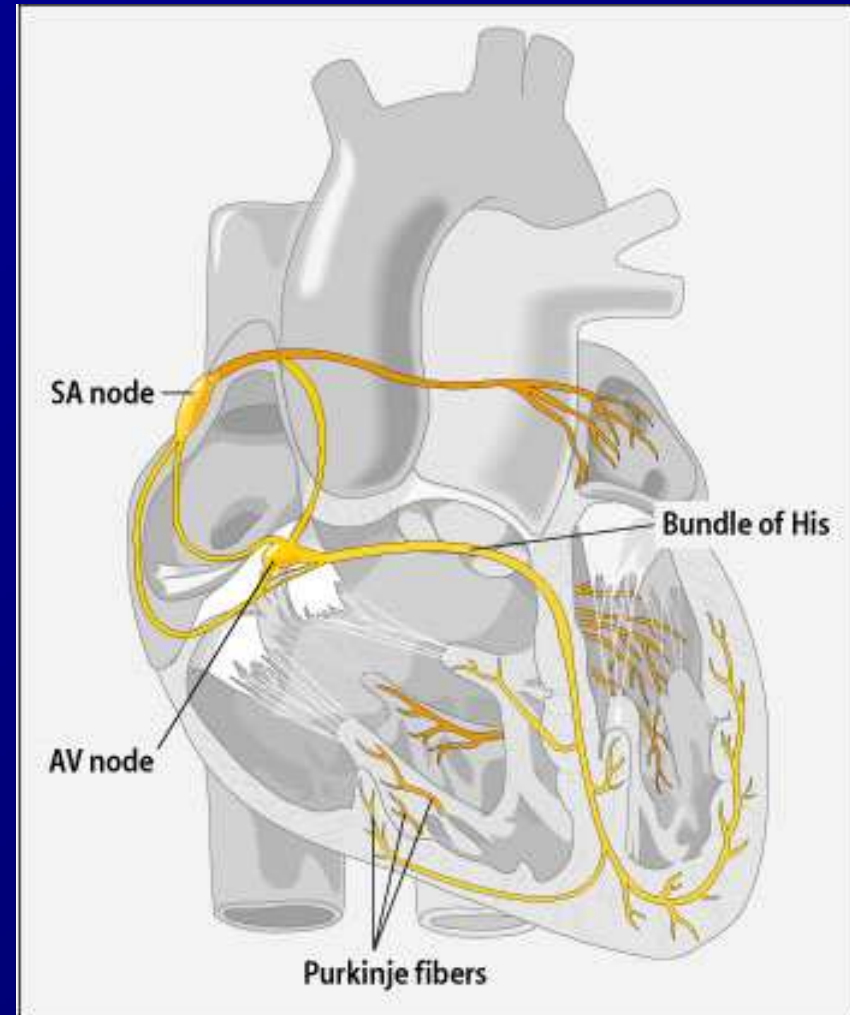
# Spontaneous diastolic depolarisation





# Conduction system anatomy

- sinus node
  - > 5 channels,  
e.g.  $I_f$ ,  $Ca^{2+}$  channels L, T
- AV node
  - $Ca^{2+}$  channels L, T
- Hiss bundle
  - $Na^+$  channels
- Tawara's branches
  - $Na^+$  channels



# Blood flow into conduction system

- Sinus node
- AV node
- Hiss bundle
- Right Tawara's br.
- Levé Tawara's br.
  - anterior bundle
  - posterior bundle
- ACD (60 %, RCX 40 %)
- ACD (90 %, RCX 10 %)
- ACD (AV nodal branch)  
+ rr. septales RIA
- rr. septales RIA + ACD/ RCX
  - rr. septales RIA
  - AV nodal branch ACD + rr. sept.

Zimetbaum, Josephson: Use of the ECG in AMI. NEJM 2003;348:933-940

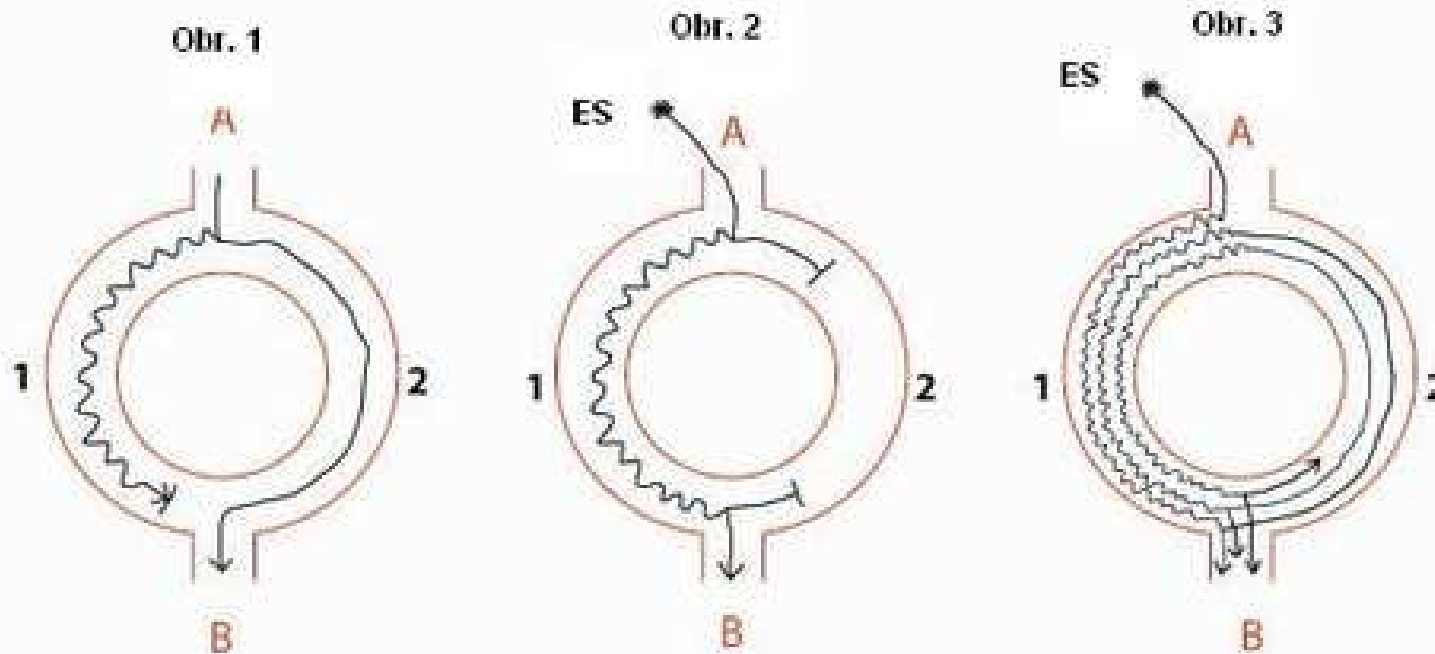
# Heart rhythm disturbances

- **substrate:**  
infarction, scar, fibrosis, infiltration
- **trigger:**  
change of heart rate, extrasystole
- **modulating factors:**  
hypoxia, ischaemia, acidosis, ion concentration changes, changes in fiber stretch

# Heart rhythm disturbances

- **disturbed automaticity**
  - disturbed normal automaticity
  - abnormal automaticity
  - triggered activity = early, late afterdepolarisation
- **conduction disturbances**
  - blockades: SA, AV, Tawara's branches
  - re-entry (macro-reentry and micro-re-entry):  
2 places connected by 2 pathways with different conduction velocity and refractoriness  
+ one-way block in one of the pathways

# Re-entry



1 – slow pathway with short refractory period  
2 – fast pathway with long refractory period  
ES - extrasystole

# Effects of heart rhythm disturbances

- **classical:**
  - electric instability
  - haemodynamic: reduction of cardiac output
  - prognostic
- **new:**
  - electrical remodeling
  - mechano-electric feedback

# How to diagnose arrhythmias?

## RRR

- **R**ate?
  - bradycardia x tachycardia
- **qR**s duration  $> 0,12$  s?
  - Action potential formation above/below AV node  
(cave aberrant conduction)
- **R**egularity of the R-R interval?
  - regular x irregular

# Tachycardias

- **with narrow QRS complex (< 0,12 s)**
  - regular
    - sinus, atrial, atrial flutter, junctional
  - irregular
    - atrial fibrillation, multifocal atrial, atrial flutter or tachycardia with variable AV blockade
- **with wide QRS complex (> 0,12 s)**
  - SVT with aberrant conduction
  - ventricular tachycardia
  - torsade de pointes



# Tachyarytmie

## according to frequency

### narrow QRS ( $< 0,12$ s)

- sinus tachycardia
  - atrial fibrillation
  - atrial flutter
  - AV nodal reentry
  - accessory pathway
  - multifocal atrial t.
  - junctional tachycardia
- } re-entry
- } ectopic

### wide QRS ( $\geq 0,12$ s)

- ventricular tachycardia and fibrillation
- SVT with aberrant conduction
- pre-excitation (WPW)
- ventricular stimulated rhythms

# Heart rhythm disturbances – clinical causes

V

- ventilation (hypoxia, hyper- / hypocapnia)  
vegetative dysbalance

A

- anaesthetics and drugs (adverse effects, interactions)

I

- irriation - mechanical, thermal

I

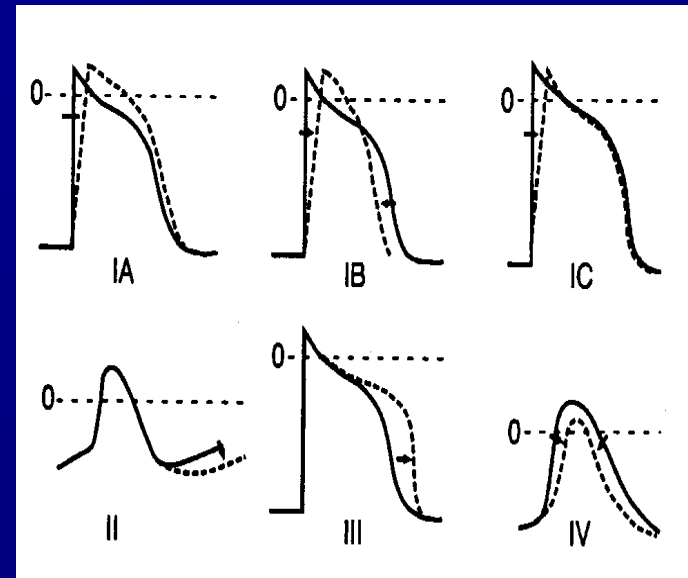
- ischaemia, ions a acid-baze balance

# Cardioversion a defibrillation

- cardioversion = treatment of other rhythm disturbances than VF
  - synchronised
    - unstable SVT 50 J – 100 J
    - unstable atrial fibrillation 100-200 J
    - unstable atrial flutter 50 J – 100 J
    - unstable monomorph VT 200 J
  - unsynchronised
    - polymorph VT, torsade de pointes
- defibrillation

# Antiarrhythmics

- I Sodium channel blockers
  - Ia chinidin, prokainamid, ajmalin
  - Ib lidokain, mexiletin, phenytoin
  - Ic encainid, flecainid, propafenon
- II Beta-blockers
- III Prolonging action potential - amiodaron
- IV Calcium channel blockers - verapamil, diltiazem
- other – digoxine, adenosine

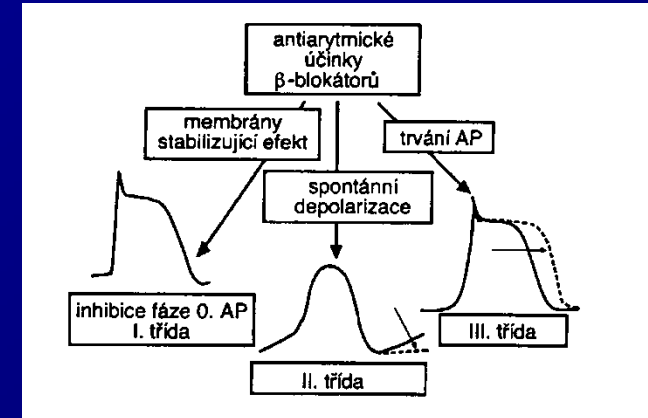


elektrophysiological classification by Vaughan-Williams 1984

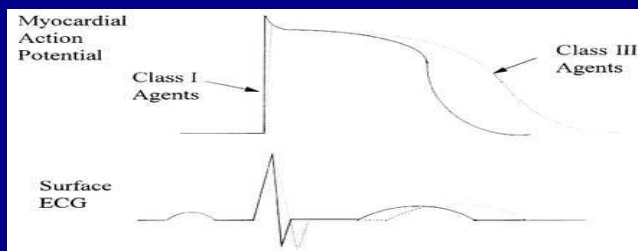
# Guidelines for practice

- remove irritation
- correct homeostasis (mainly  $K^+$ ,  $Mg^{2+}$ )
- beta-blockers

– cave: compensatory tachycardia, heart failure, WPW sy, asthma bronchiale



- amiodaron



	Duration	Dose	Rate
Day 1			
Phase 1	10 min	150 mg	15 mg/min
Phase 2	6 h	360 mg	1.0 mg/min
Phase 3	18 h	540 mg	0.5 mg/min
Subsequent days	24 h	720 mg	0.5 mg/min
Breakthrough episodes	10 min	150 mg	15 mg/min

# Coding of cardiostimulators

- **1. letter** – stimulated part  
A = atrium, V = ventricle, D = dual, both
- **2. letter** – sensing  
A = atrium, V = ventricle, D = dual, both, 0 = nothing
- **3. pístmeno** = reaction to sensed signal  
I = inhibition, T = trigger, D = dual, 0 = nothing
- 4. letter = programmable functions  
P, M, 0, R = rate-responsive
- 5. letter = specific anti-tachycardic functions

# Indications for cardiostimulation

- sick sinus sy
- AV blockades
- bi- nebo trifascicular blocks
- neurogennic syncope
- cardiomyopathy
- heart failure → ventricular resynchronisation =  
= hemodynamic indikation (biventricular CS)

# Anesthesiological approach in patients with pacers

- check before surgery
- reason, regime a stimulation parameters
- dependence on stimulation - by ECG
- anaesthesia technique does not depend on stimulation
- electrocautery
- magnet?
- CS failure – isoprenaline 0,05-0,2 mg i.v. bolus, then infusion
- check after surgery, setting higher HR?



# Tachycardia Algorithm (with pulse)

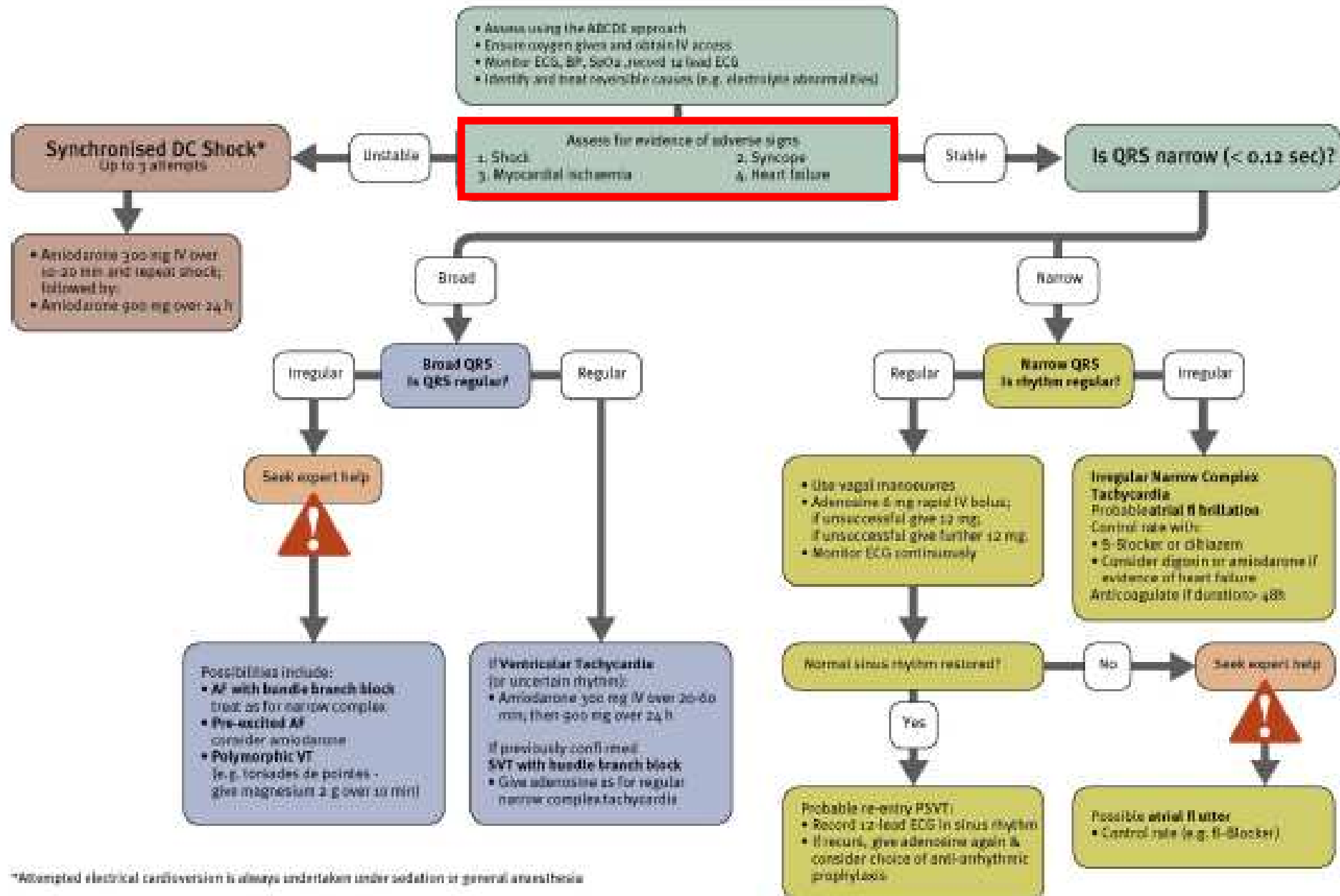


Fig. 4.11. Tachycardia algorithm, © 2010 BIC.

# Bradycardia Algorithm

- Assess using the ABCDE approach
- Ensure oxygen given and obtain IV access
- Monitor ECG, BP, SpO<sub>2</sub>, record 12 lead ECG
- Identify and treat reversible causes (e.g. electrolyte abnormalities)

- Assess for evidence of adverse signs:
- 1 Shock
  - 2 Syncope
  - 3 Myocardial ischaemia
  - 4 Heart failure

Atropine  
500 mcg IV

Satisfactory  
Response?

- Risk of asystole?
- Recent asystole
  - Möbitz II AV block
  - Complete heart block with broad QRS
  - Ventricular pause > 3s

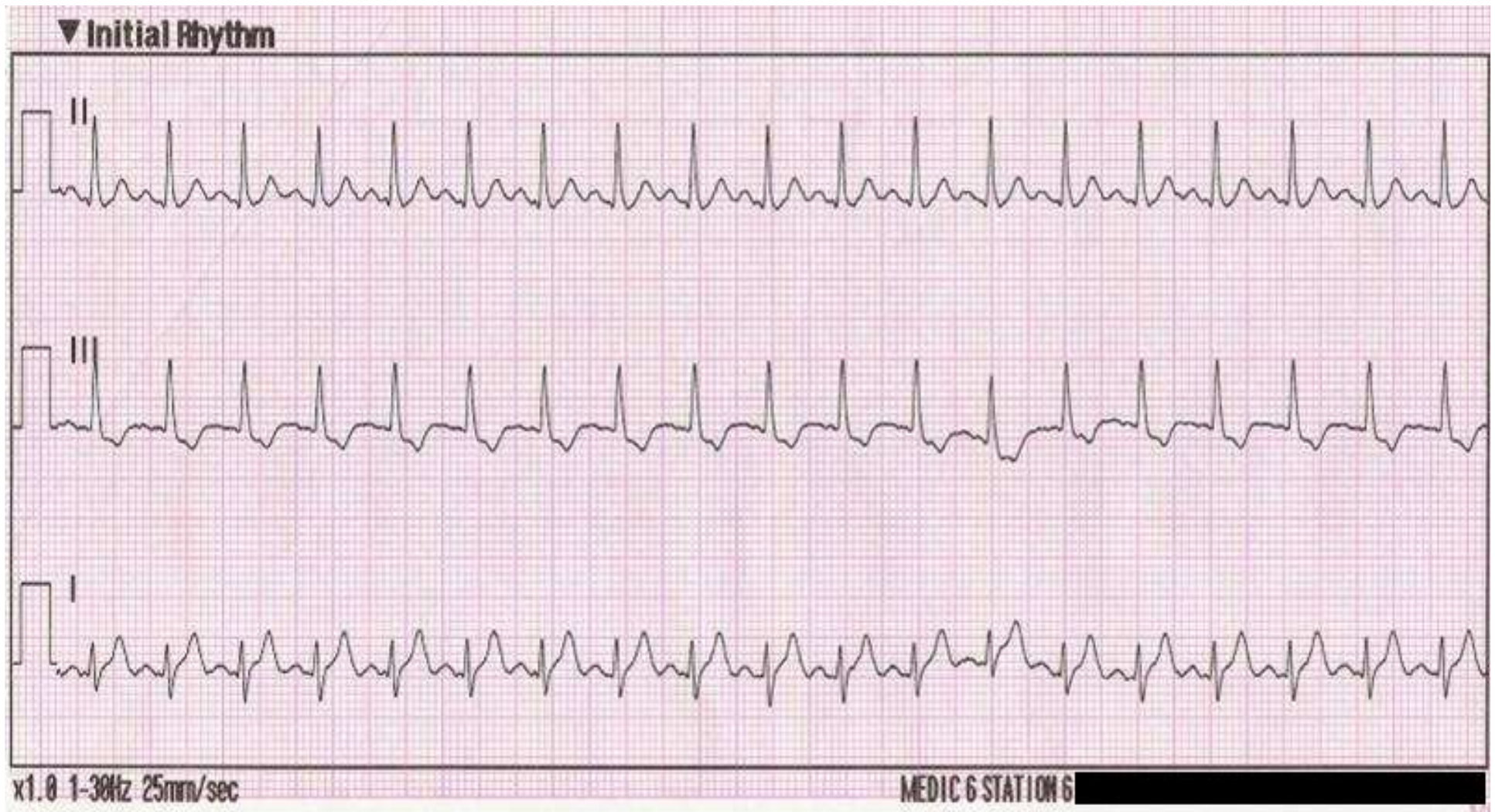
- Interim measures:**
- Atropine 500 mcg IV
  - repeat to maximum of 3 mg
  - Isoprenaline 5 mcg min<sup>-1</sup>
  - Adrenaline 2-10 mcg min<sup>-1</sup>
  - Alternative drugs\*
- OR**
- Transcutaneous pacing

 Seek expert help  
Arrange transvenous pacing

- \* Alternatives include:
- Aminophylline
  - Dopamine
  - Glucagon (if beta-blocker or calcium channel blocker overdose)
  - Glycopyrrolate can be used instead of atropine

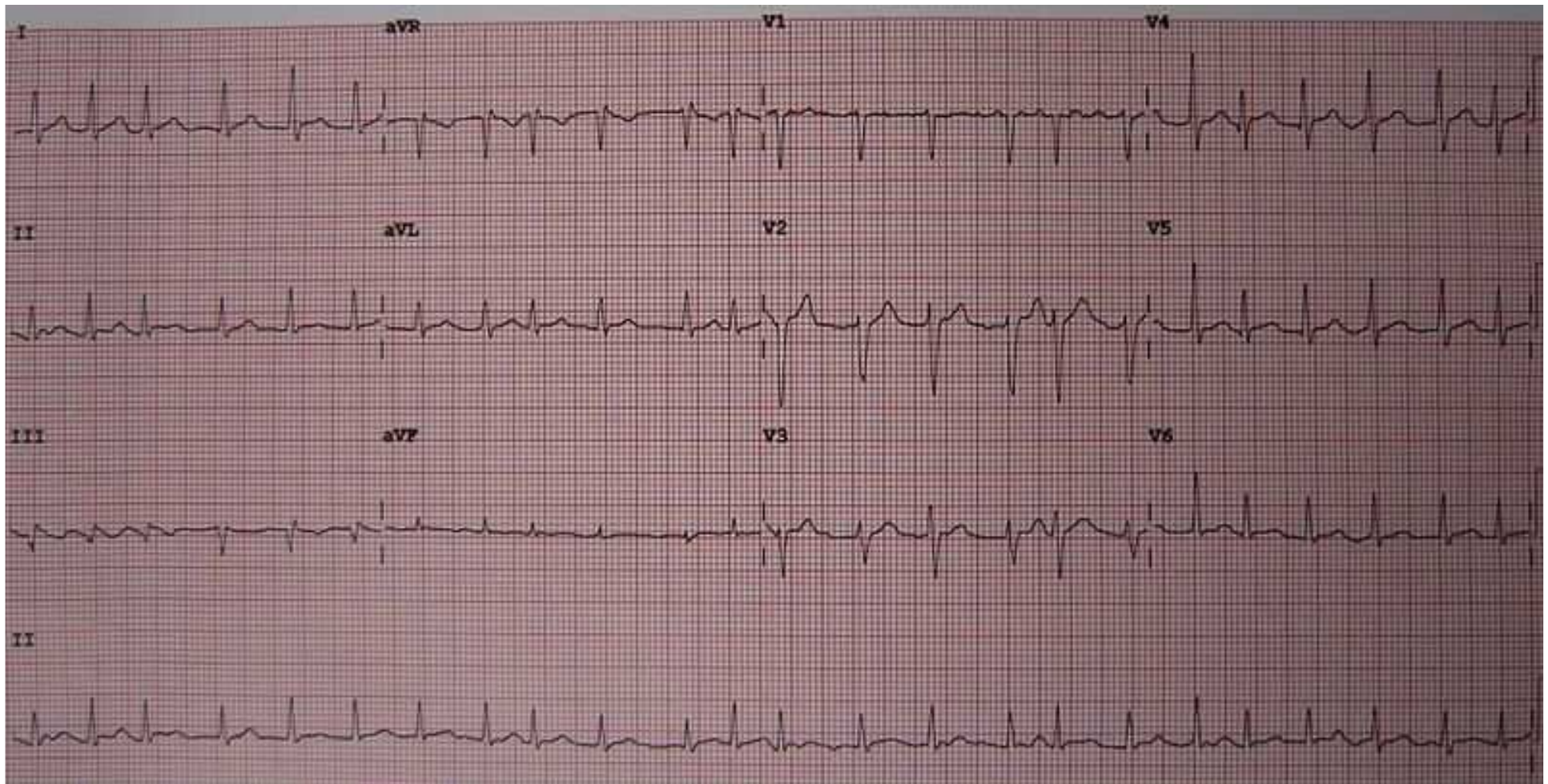
Observe

# Sinus tachycardia





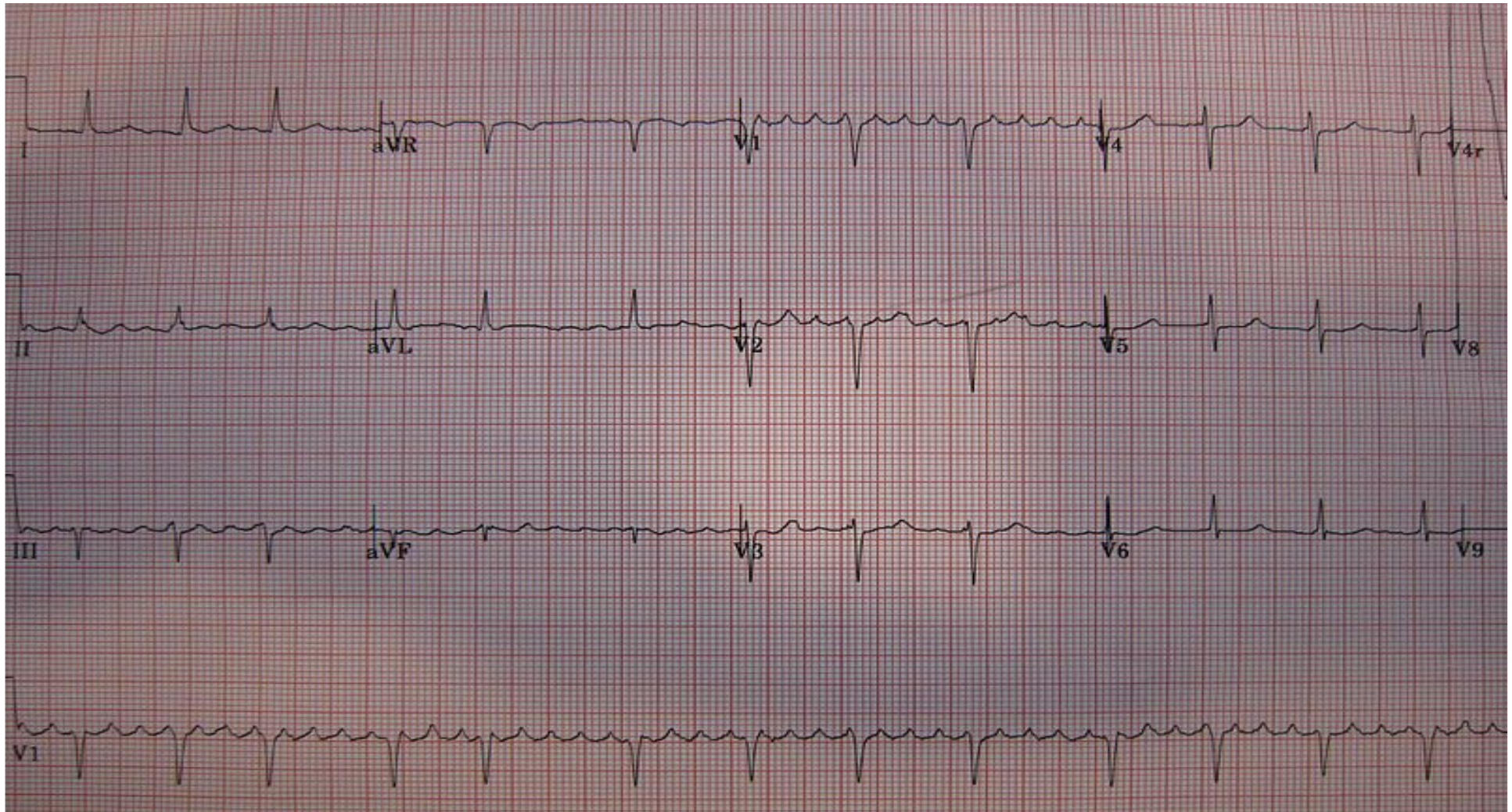
# Atrial fibrillation





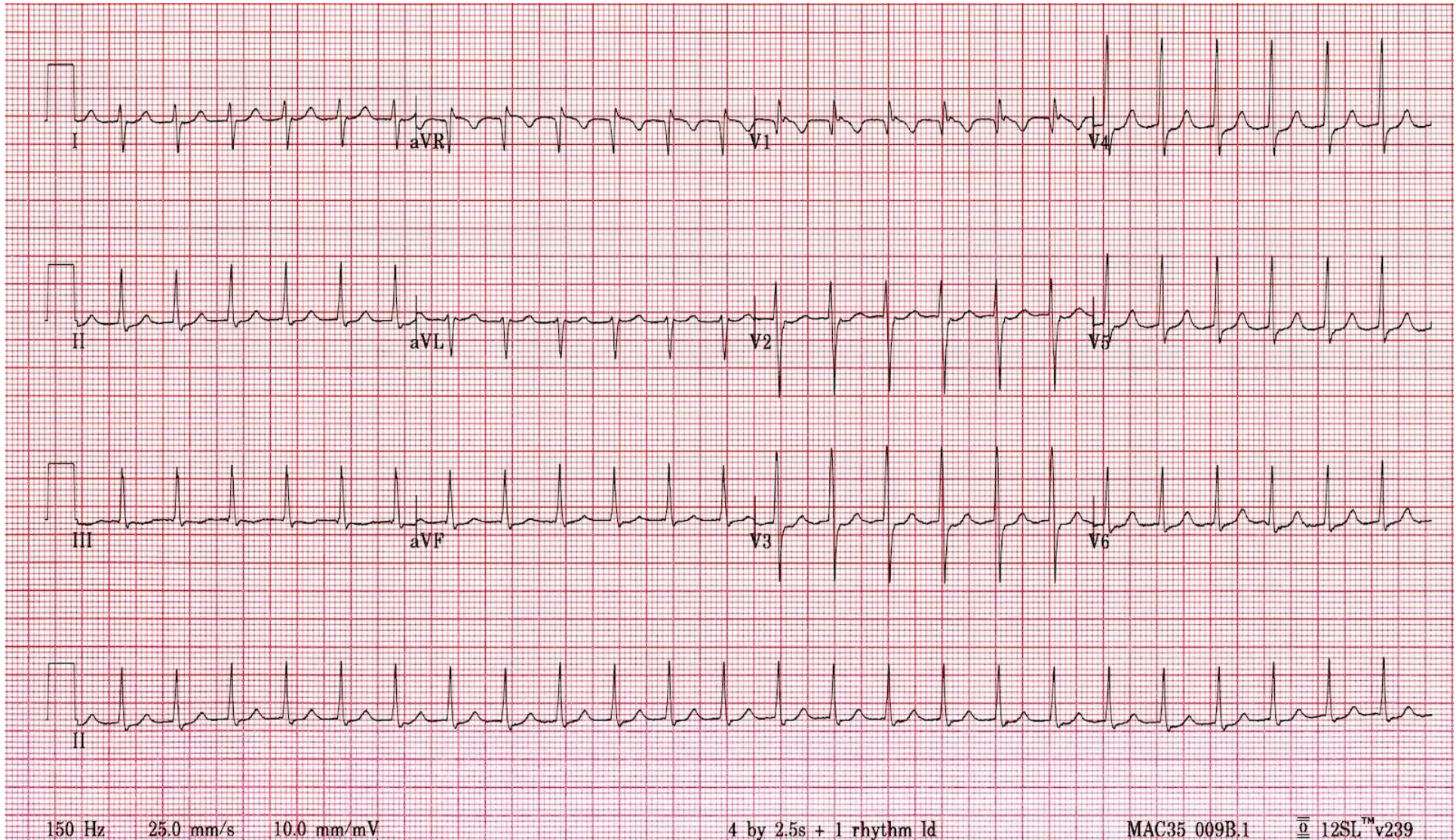


# Atrial flutter



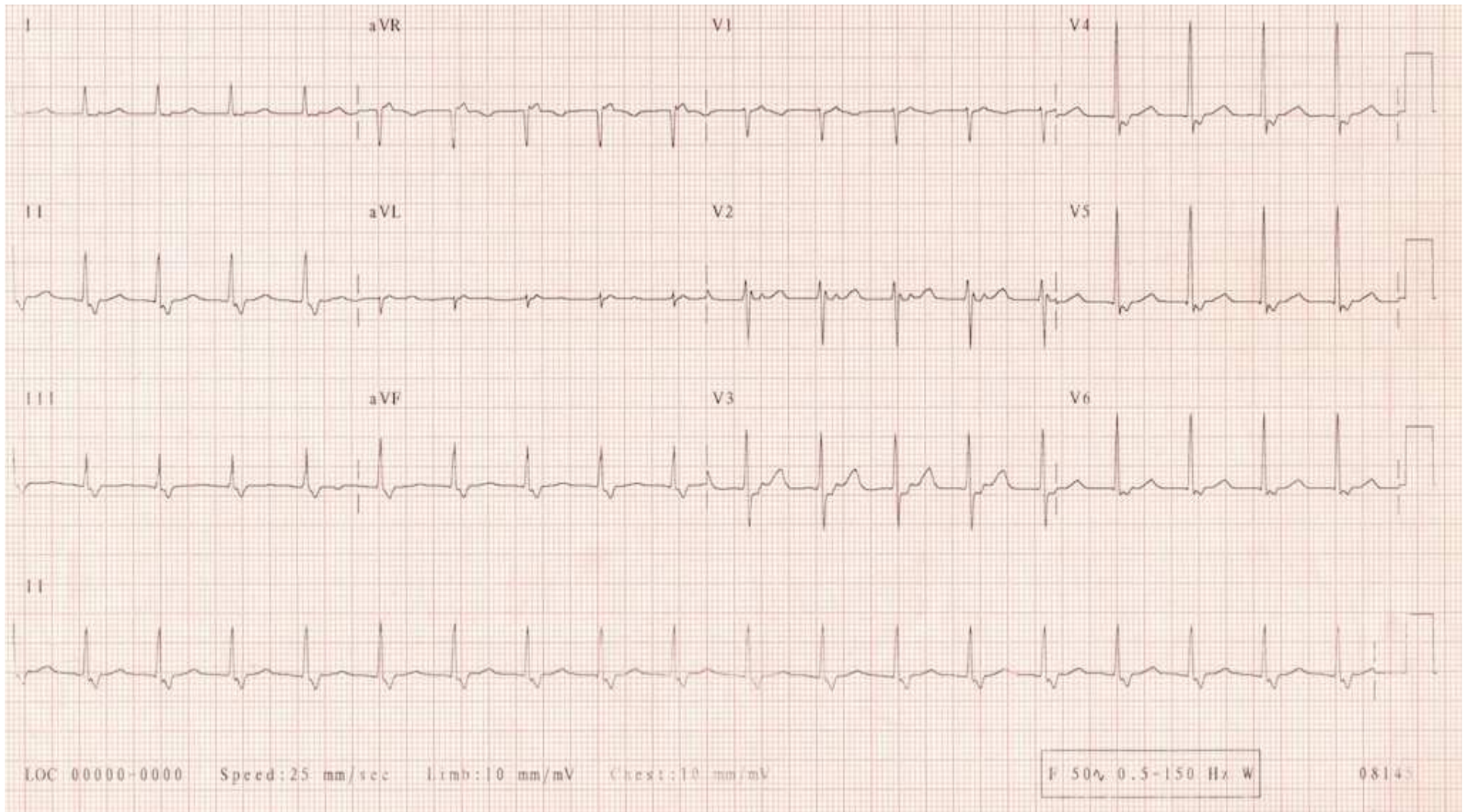


# AV nodal reentrant tachycardia slow-fast



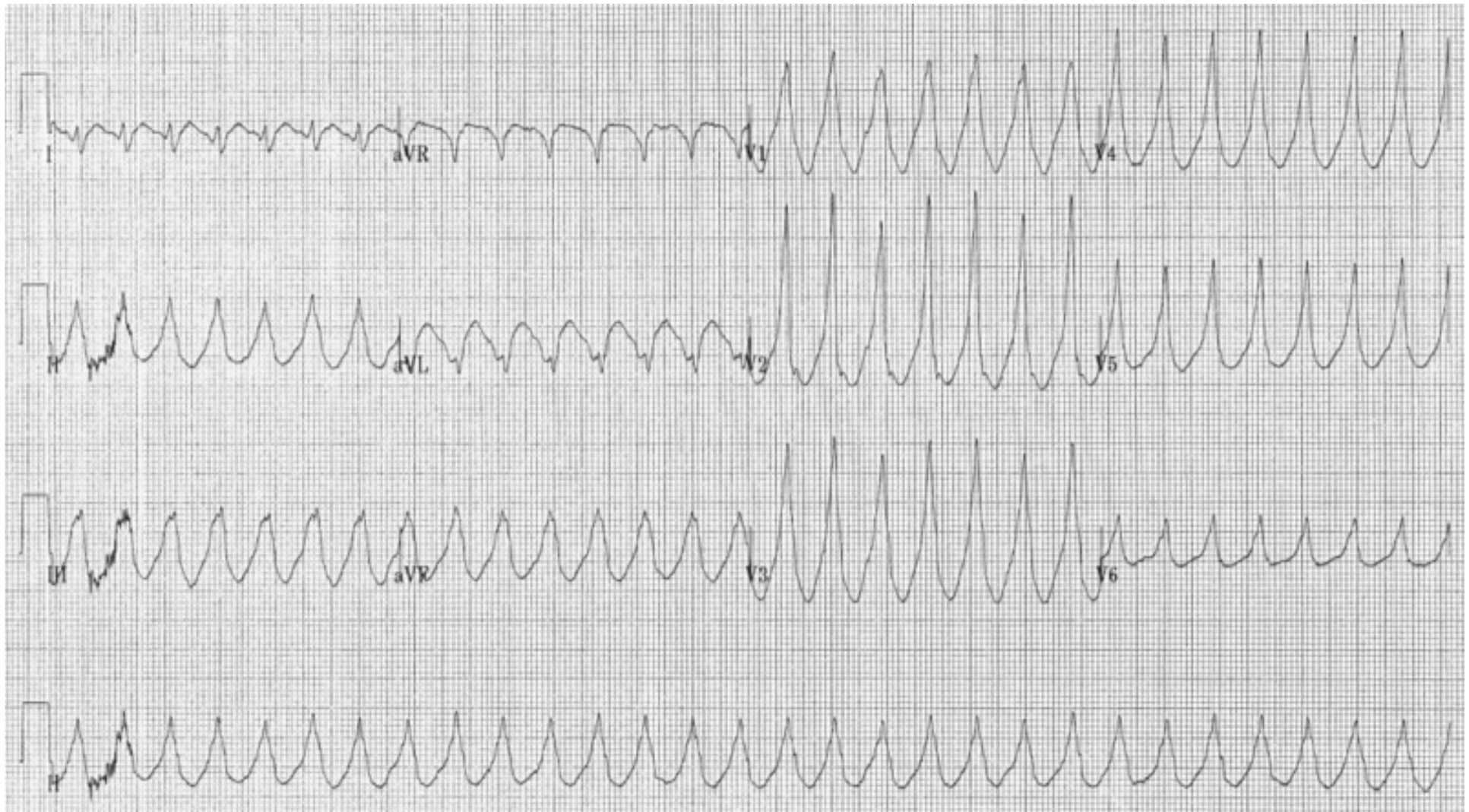


# AV nodal reentrant tachycardia fast-slow





# Ventricular tachycardia



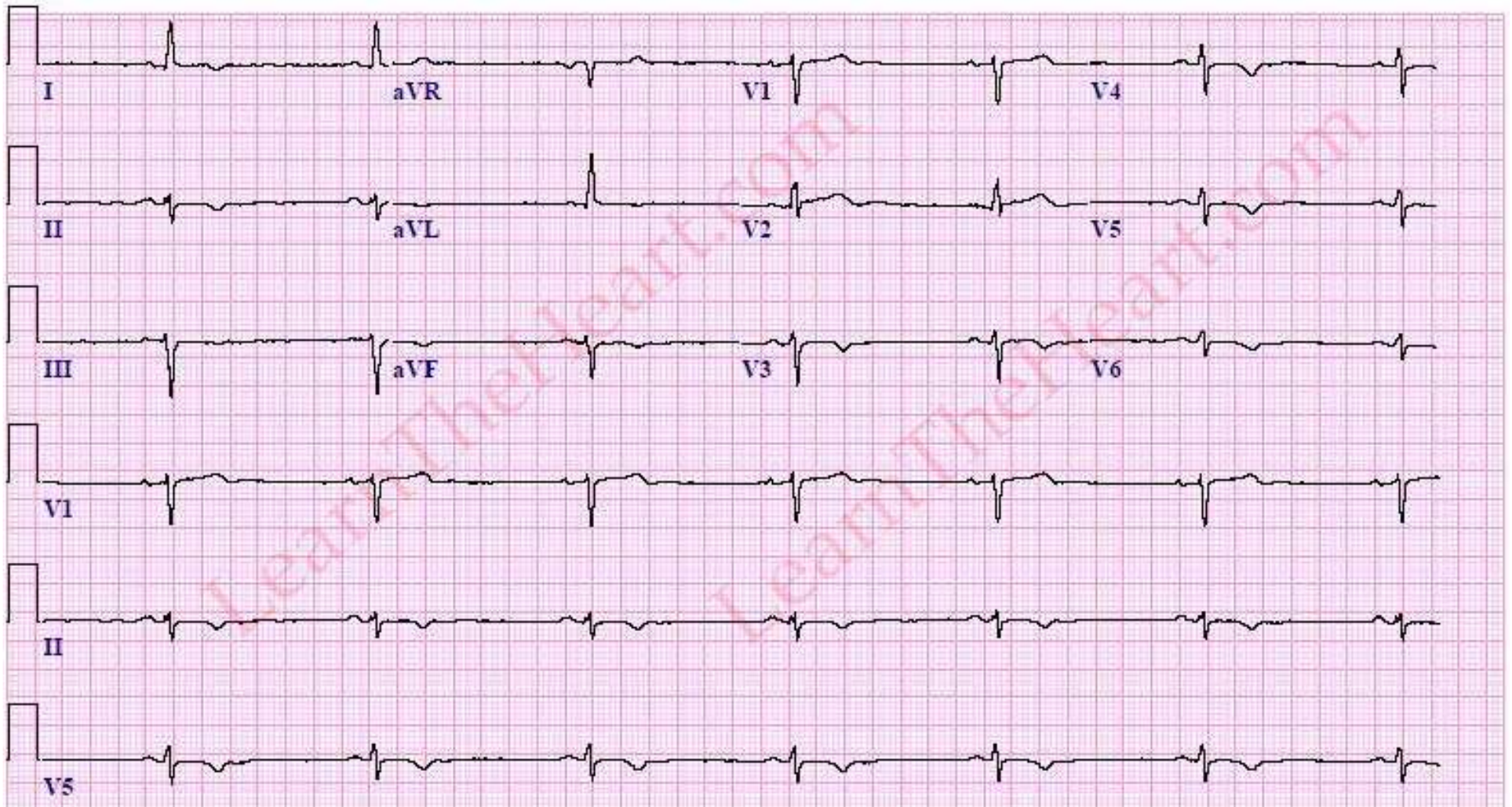
# Ventricular fibrillation

Courtesy of Jason E. Roodiger, CCT, CRAT





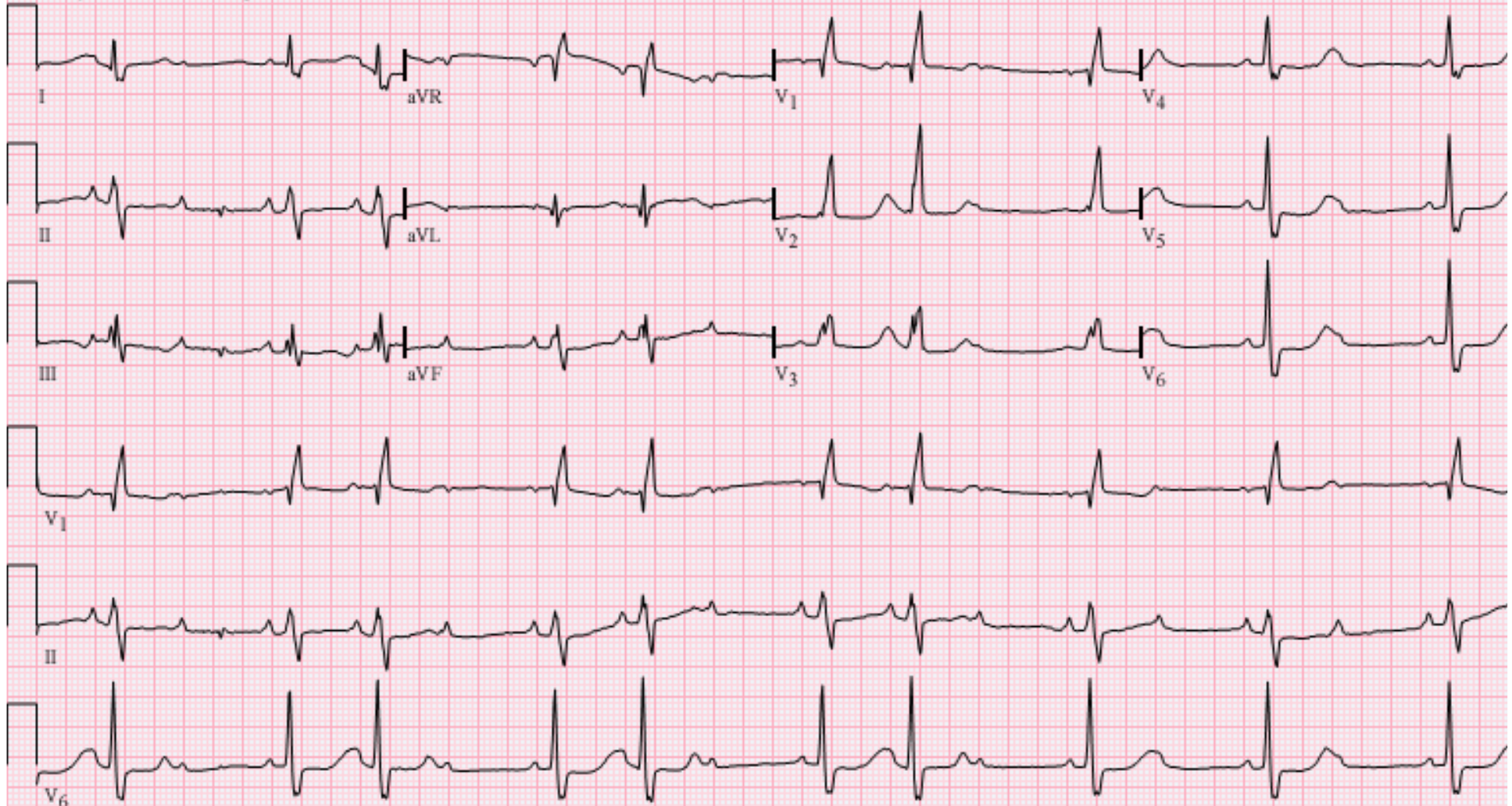
# Sinus bradycardia



# AV block degree II, type 2

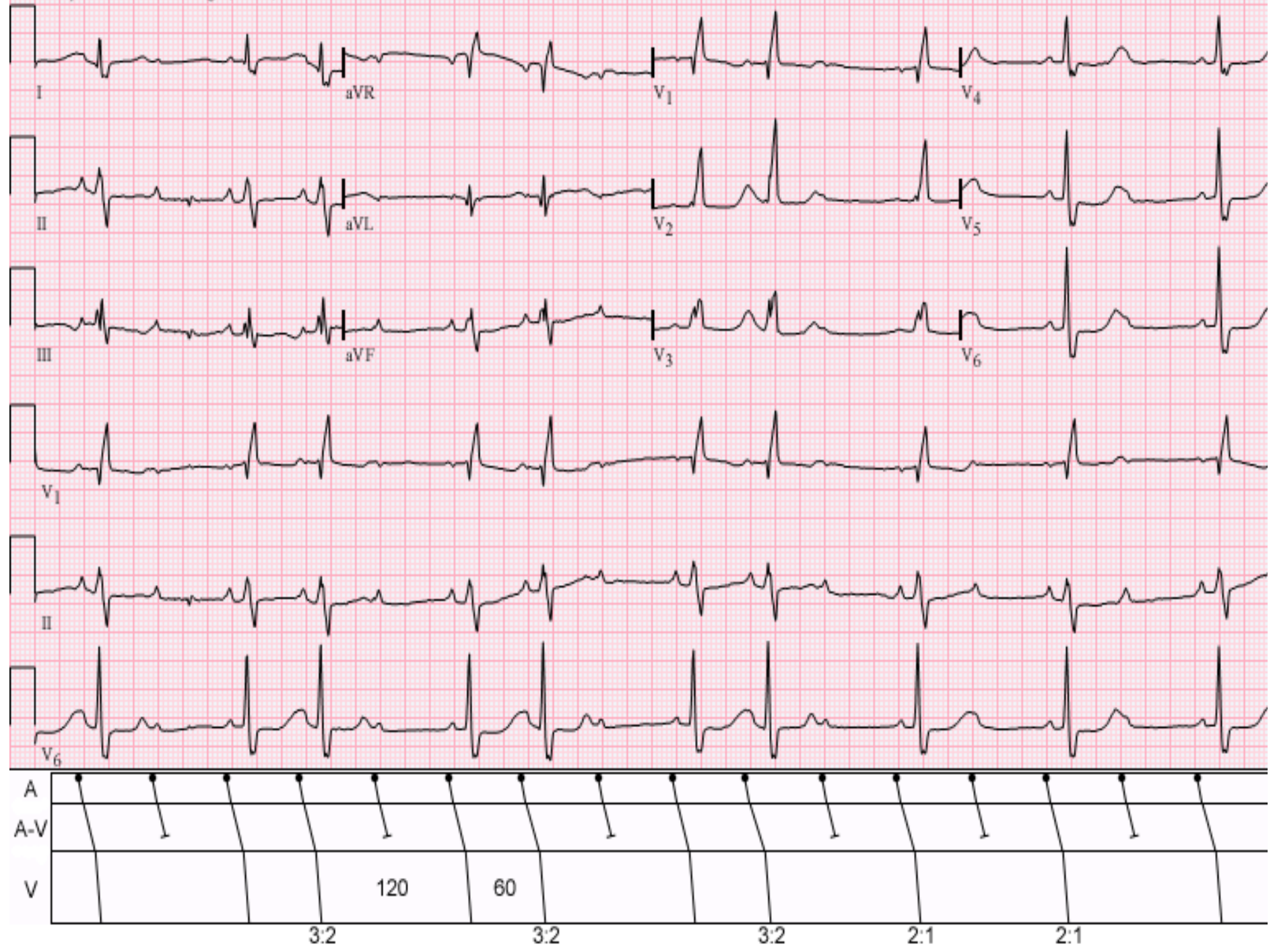
## 3:2 and 2:1

Courtesy of Jason E. Roediger, CCT, CRAT





Courtesy of Jason E. Roediger, CCT, CRAT



# Program



- basic physiology
- heart rhythm disturbances
- **In part 2**
- circulation monitoring
- shock
- cannulations
- circulatory support