

Brain – CNS

Neurological emergencies



MUDr. Radim Kukla

KARIM 2. LF UK a FN
Motol, Praha 5
21.3.2014



Consciousness

- In philosophy
 - **Consciousness**—The having of perceptions, thoughts, and feelings; awareness.
- Psychological
 - Modern scientific investigations into consciousness based on psychological experiments
- Medical aspects / practically oriented/
 - in (E/I) medicine, consciousness is assessed as a "level" ranging from coma and brain death at the low end, to full alertness and purposeful responsiveness at the high end.

Assessmen

- In medicine, consciousness is examined using a set of procedures known as neuropsychological assessment
- neurological examination
- Lost of consciousness: how is the evaluation - clinical examination ?
- In EM and CCM (orientational neurological examination)
 - Should be completed with standart scale... .GCS

Why GCS ?

- This scalemake quatitification of deepness of coma
- It is standart scale
- We can folow the course of diseasse
- Comunication with other doctors
- Scientific articles

Advantage

- It is known all over the world

Disadvantage

- Failed in children /Children does not speak
- Not for sedated patient

Glasgow coma scale

Eyes opening	spontaneously	4
	to speech.....	3
	to pain.....	2
	none.....	1

Best verbal response	oriented.....	5
	confused	4
	inappropriate	3
	incomprehensible	2
	none.....	1

Best motor response		
to verbal command	obeyes	6
to painful stimulus	localizes.....	5
	withdraws from pain.....	4
	flexes to pain.....	3
	extends to pain.....	2
	none.....	1

Total

3-15

Best score 15

Worst score 3 (brain death)

- GCS 15-14 mild
- GCS 13-9 moderate
- GCS 8 and less.....severe trauma
- Change from flexion to extension

Etiology of altered consciousness

- Many different causes
 - trauma
 - vascular (ICH, SAH , CVA)
 - brain tumor
 - hypoxemia, hypoperfusion
 - other:
 - metabolic
 - toxic
 - seizures

- Different causes.....same picture
- Then.....Nearly the same treatment

scheme

- Inzult (i.g.trauma)
- Patological found.....brain oedema
- Brain oedema.....lost of consciousness
- Brain oedemalead to.....
.....intracranial hypertension

Brain oedema

Brain aedema

- Vasogenic.....trauma, colateral oedema, focal lesions
- Cytotoxic.....hypoxemia, difuse lesion
- Osmotic.....osmotic dysbalamce
- Interstitial oedema.....hydrocephalus

patophysiology

- Monroe Kelly doctrine
- Compensatory mechanism
- Autoregulation

see table.....

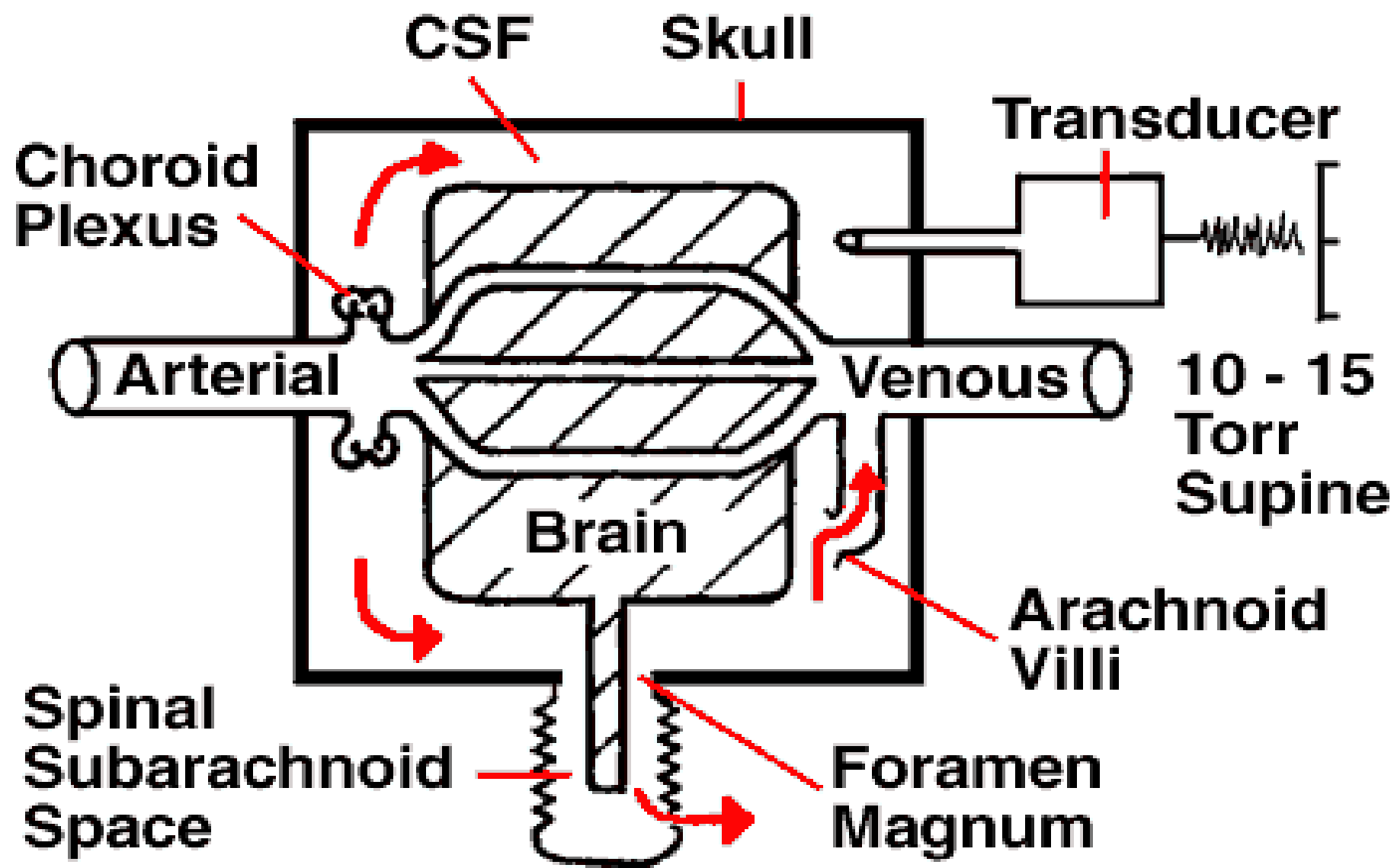


Fig 1a

Schematic of Normal Intracranial Contents

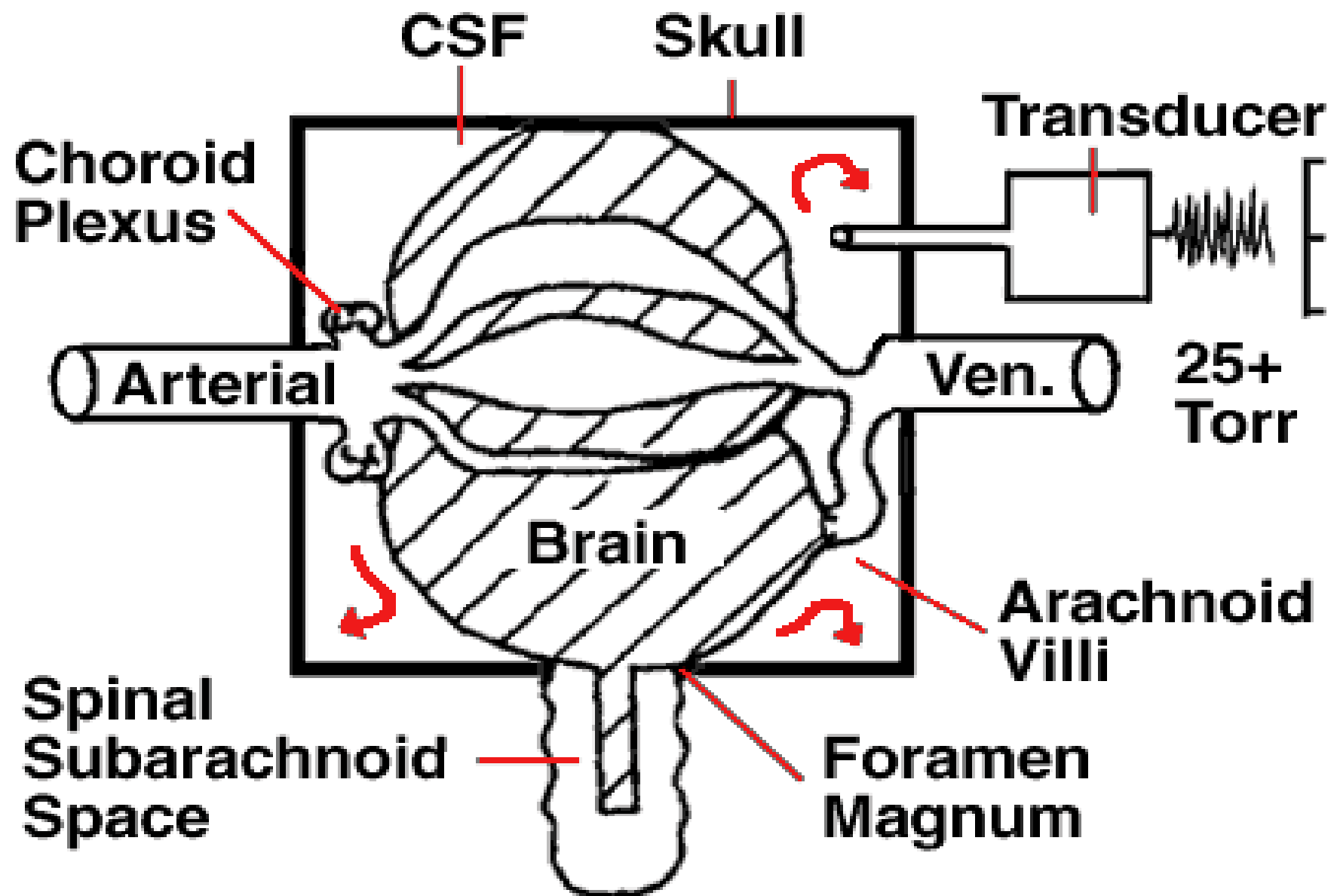
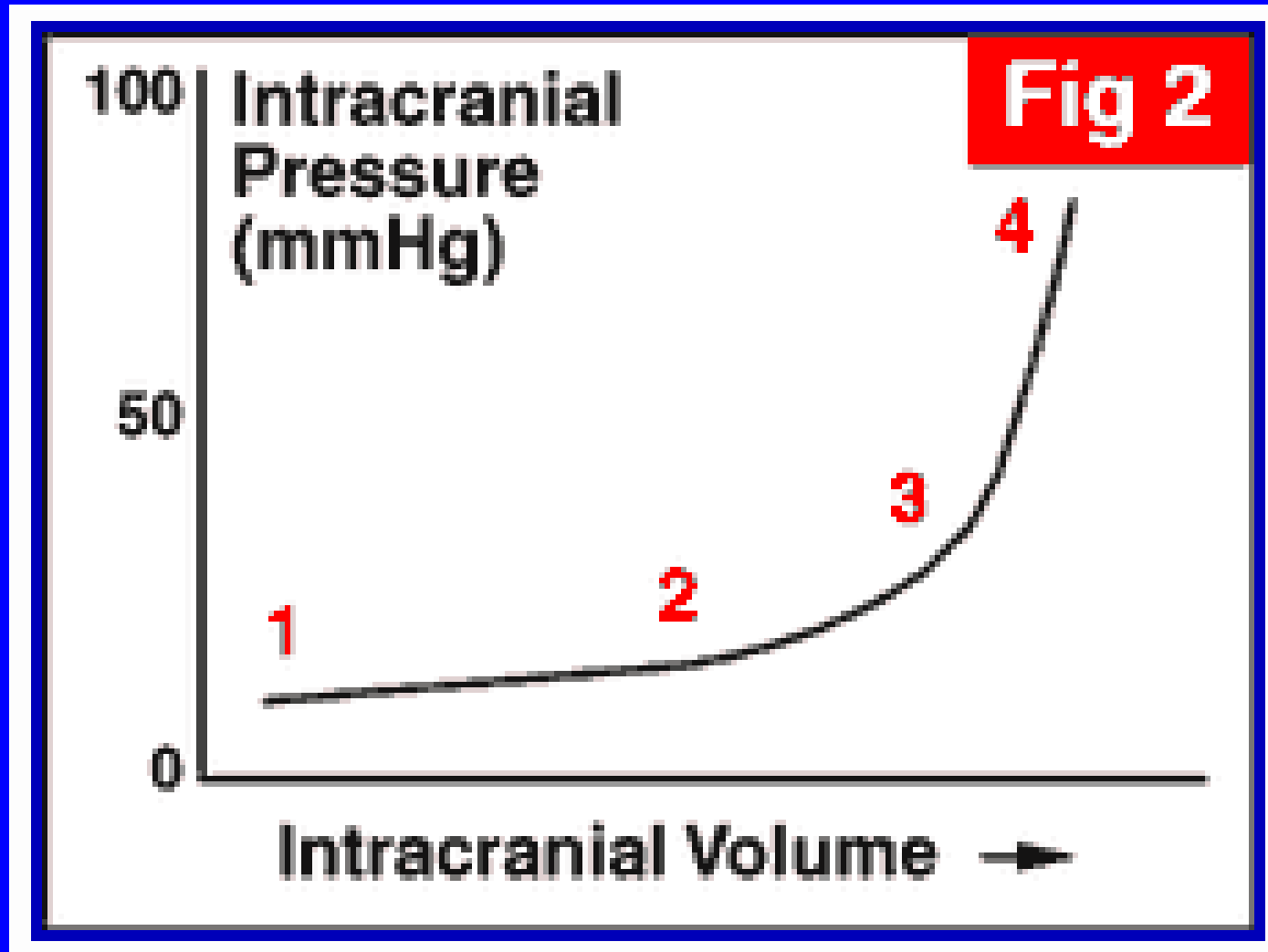


Fig 1b

Schematic of Contents During Raised Intracranial Pressure



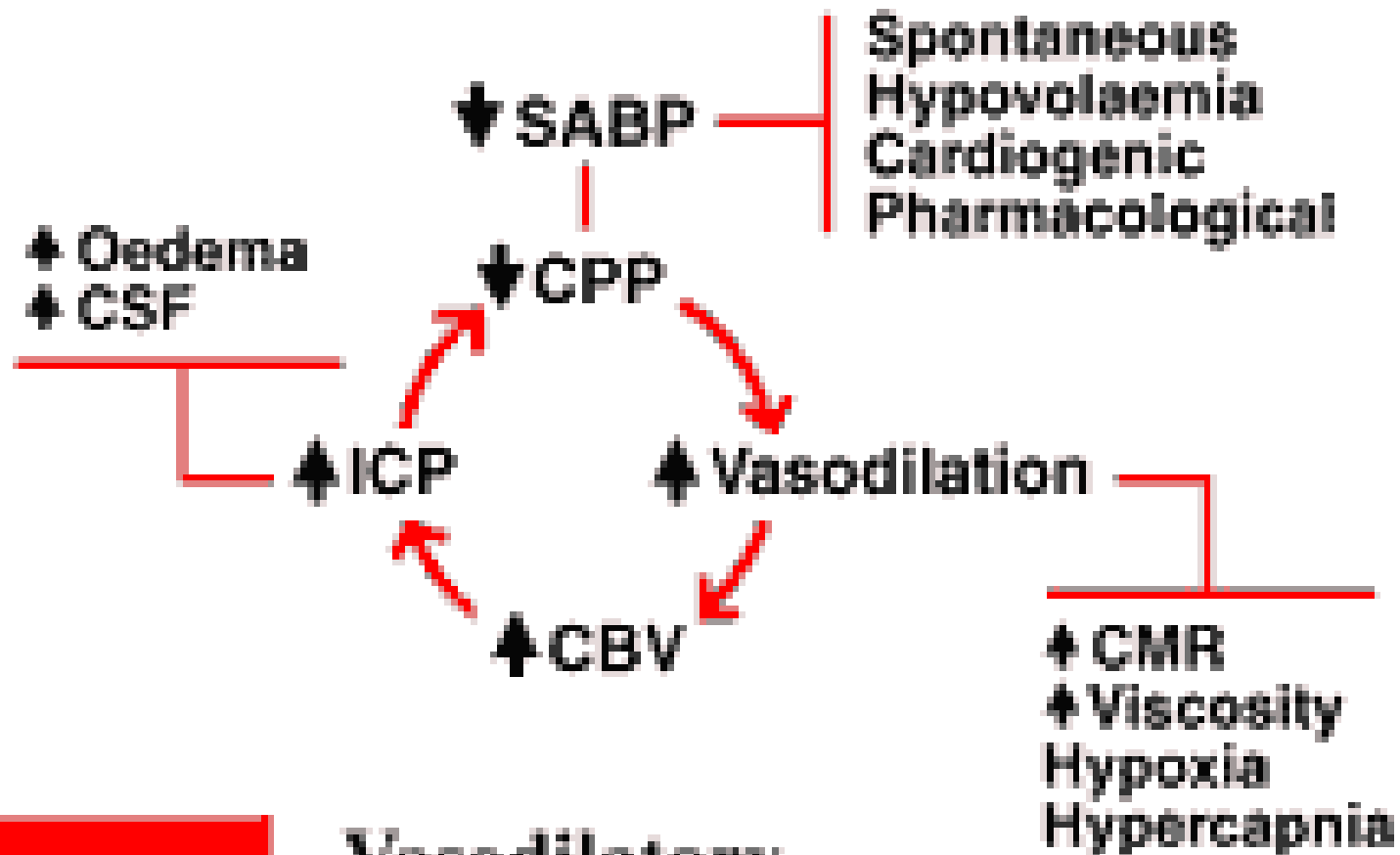
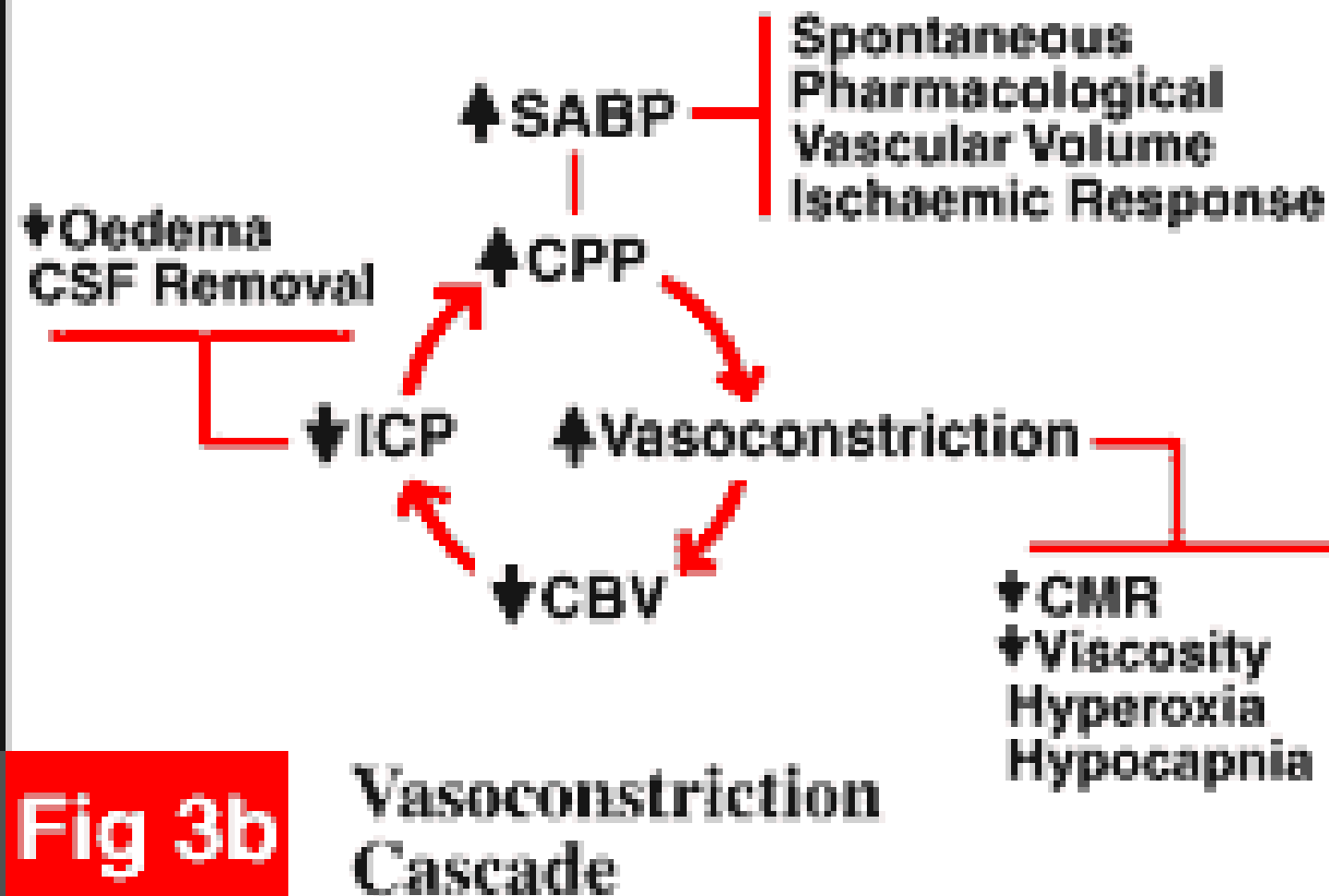


Fig 3a

**Vasodilatory
Cascade**



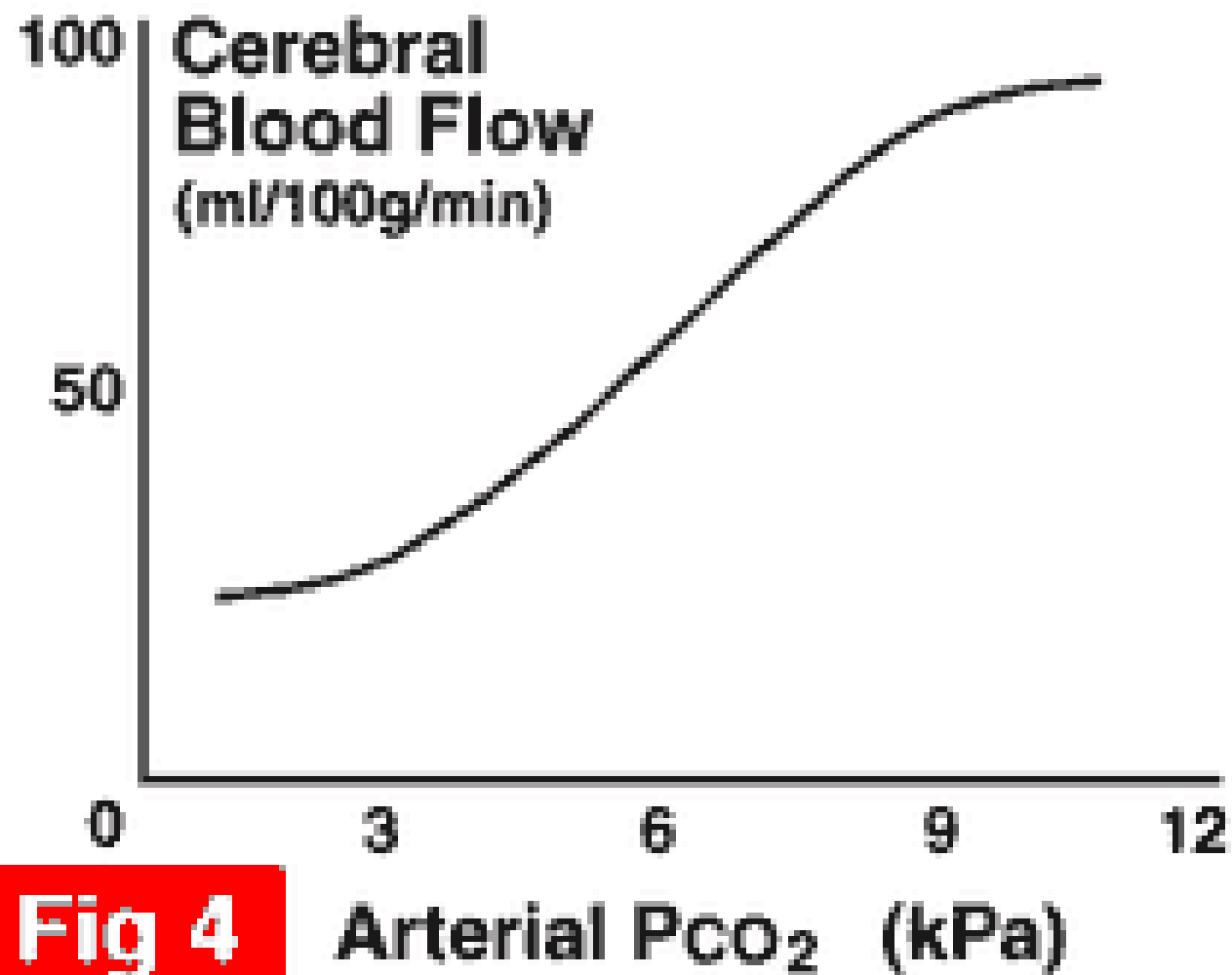
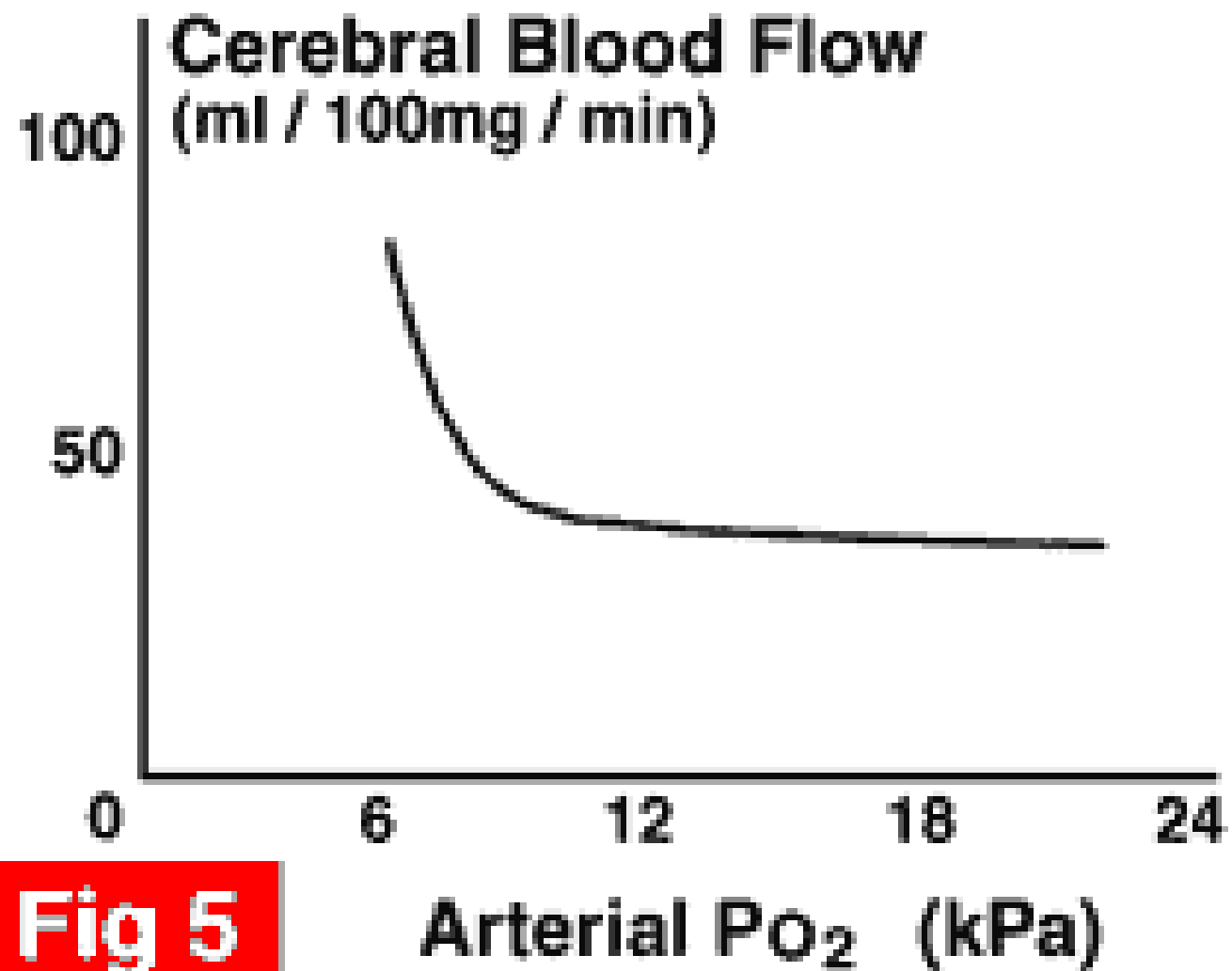
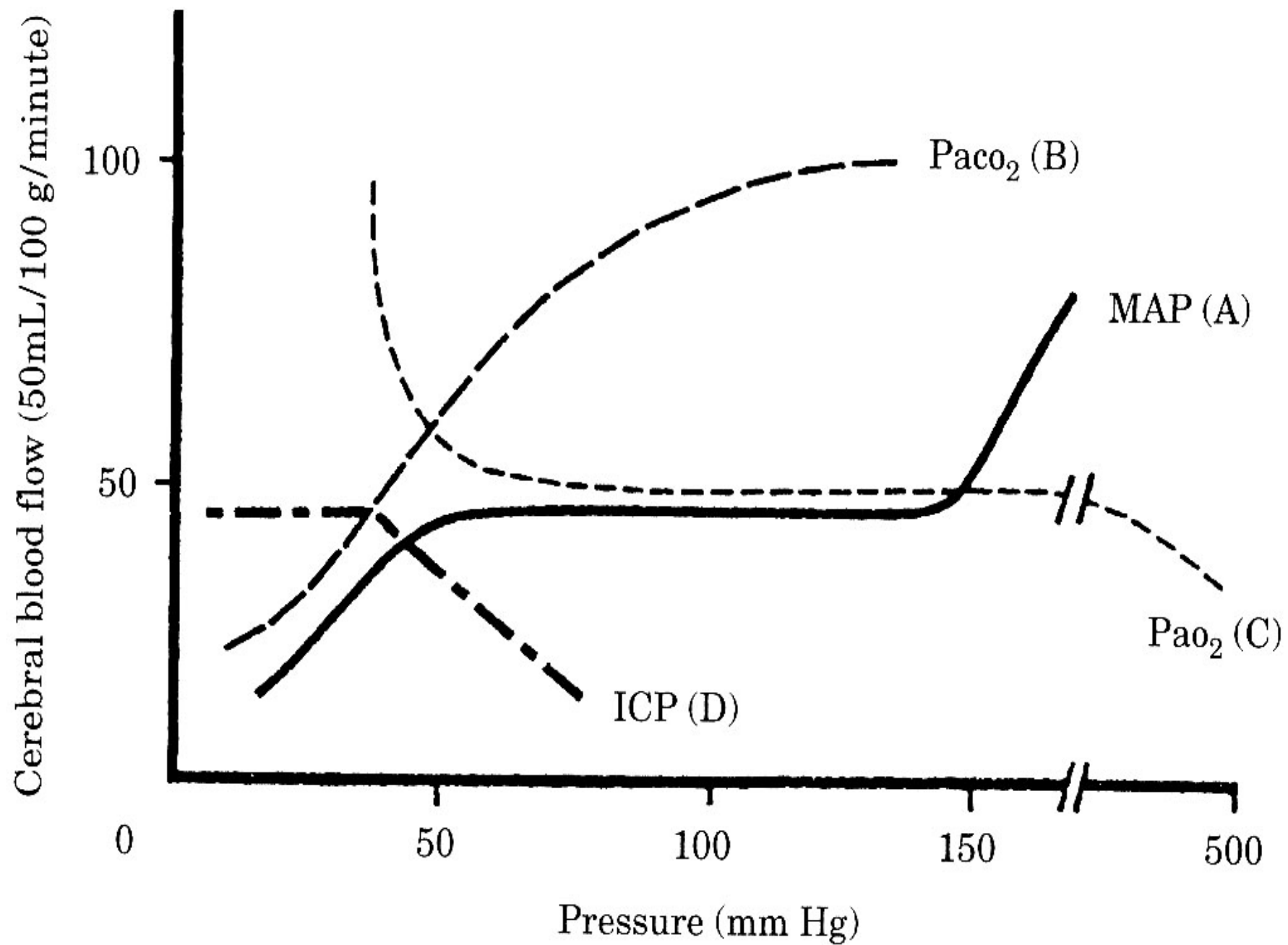


Fig 4

Arterial PCO₂ (kPa)





Systemic complication contributing to secondary brain injury

- Minutes or hours after initial impact:
 - hypoxia /hypotension
 - hypercarbia
 - anemia
 - hyper/hypoglycemia
- Hours or days after initial impact:
 - electolyte disterbance
 - seizures
 - infection/sepsis
 - hypertermie
 - coagulation abnormalities

treatment

- is focused on this grey area
- These cells are still vital not fully damaged

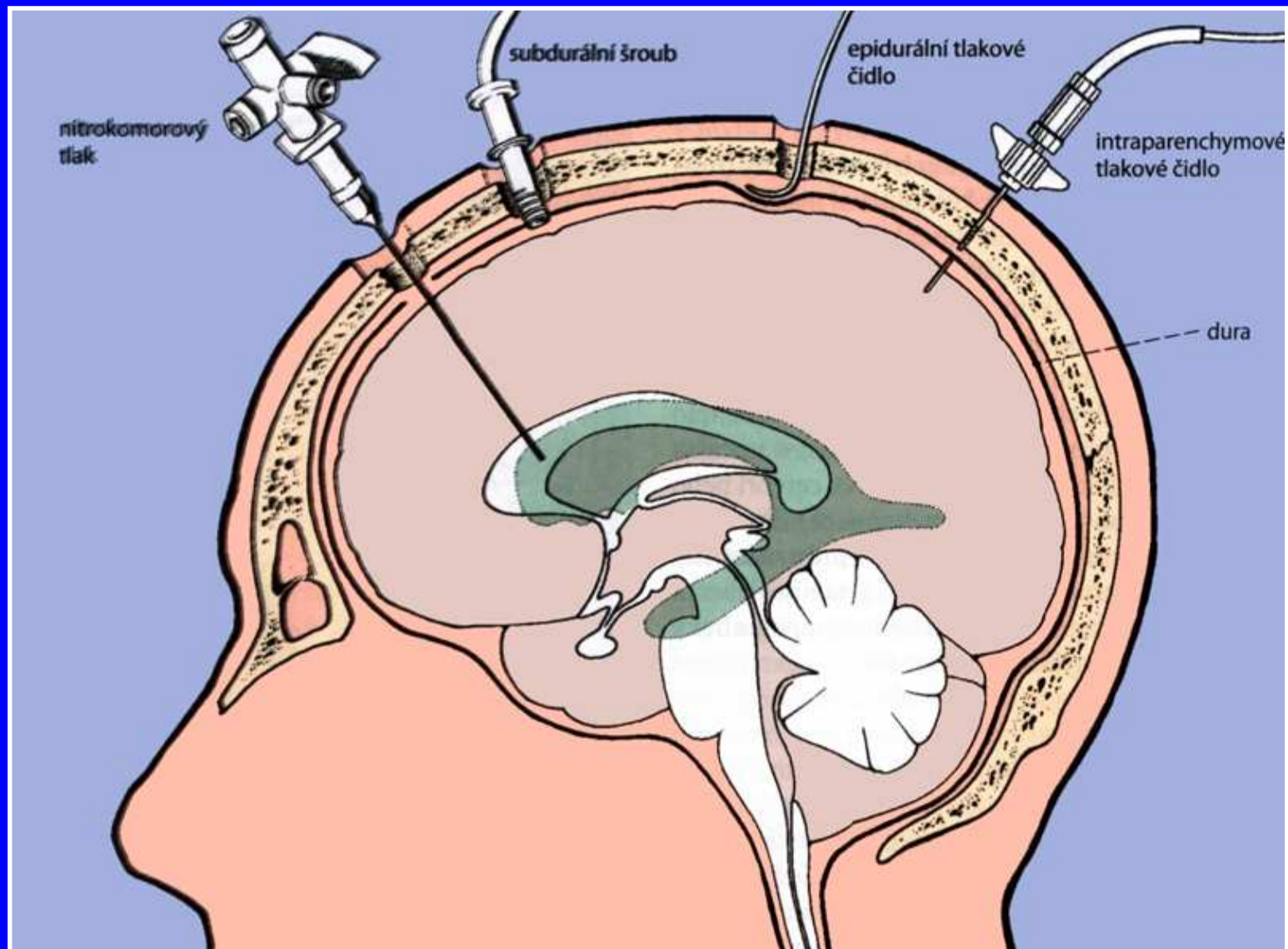
treatment

- Main area is head trauma
.....good chance to recovery
- Difuse lesions (hypoxemia)
.....bad prognosis

How we recognise intracranial hypertension...???

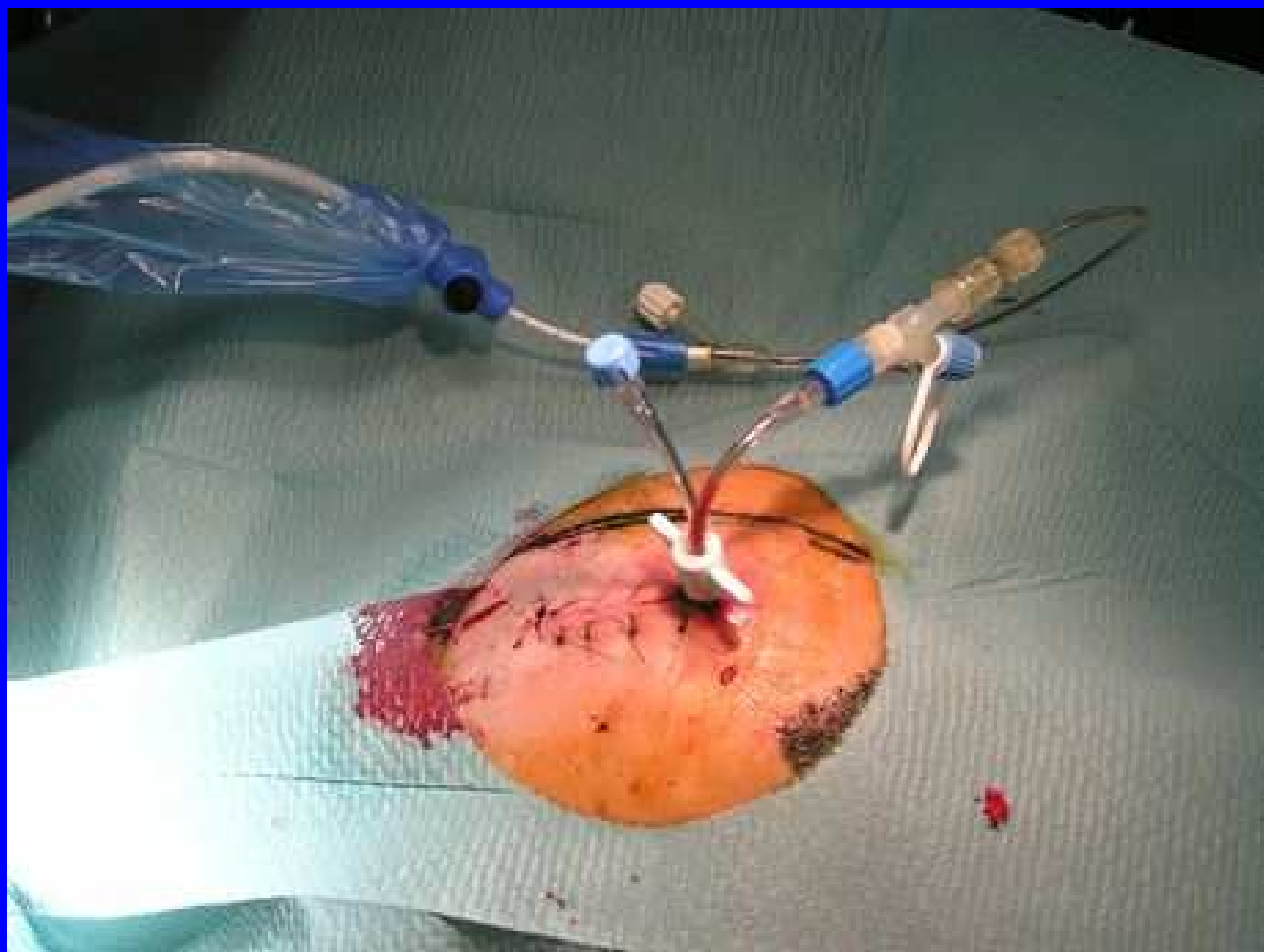
- Headache
- Nausea, vomiting
- Papilledema
- Unilateral pupillary dilatation
- Oculomotor or abducens palsy
- Depresses level of consciousness
- Irregular breathing
- Midline shift (0,5cm) or encroachment of expanding brain on cerebral ventricles (CT scan or MRI)

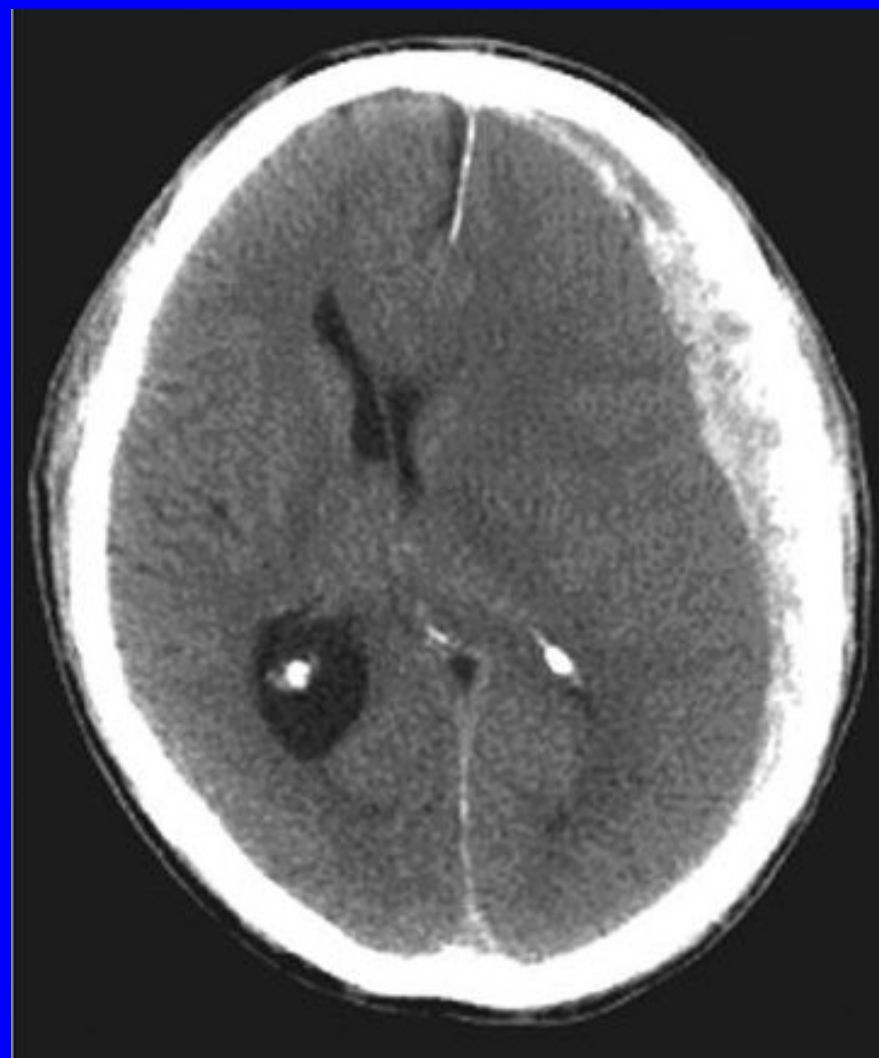
ICP monitoring













Treatment

- ICP 0 – 15 mmHg normal values
 over 20 – 25 treatment !
- CPP = MAP - ICPmin. 60 mmHg
.....
- Other monitoring: NIRS spect, TCD, PtiO₂, T
Cerebral flow, c EEG

decision

- Period without monitoring of ICP
- Period with monitoring ICP

Therapeutic approach:

- 1st tier therapy without monitoring of ICP
- 2nd severe situation usually need monitoring of ICP
- Indication for ICP monitoring
- Salvageable patient with GCS 8 and less, + abnormal CT scan or normal CT scan + 2 from 3 condition:
 - Unilateral or bilateral motor posturing
 - sBP below 90 mm Hg
 - Aged over 40 yr

Treatment of brain oedema/intracranial hypertension

- First rule: ABCD
check respiration, protect the airway , O₂, Intubation?
CMV, keep moderate hyperventilation,
check circulation, BP over 90 torr systolic or better over
70, better 70 MAP, support (fluids, analeptics)
- Then:
Sedation
Analgesics
Avoid hypertermia, seizures

protocol

- Hyperventilation: only moderate hypocapnia 35 mmHg
- Head positioning 25-30dgr
- Mannitol: limit 320 mosml hyperosmolality
- Avoid hypotension: because of resulting in low CPP(keep MAP over 50 mm Hg)
- Avoid hyposmolality...check Na⁺
- CSF: obstruction, -ventricular drainage (EVD)

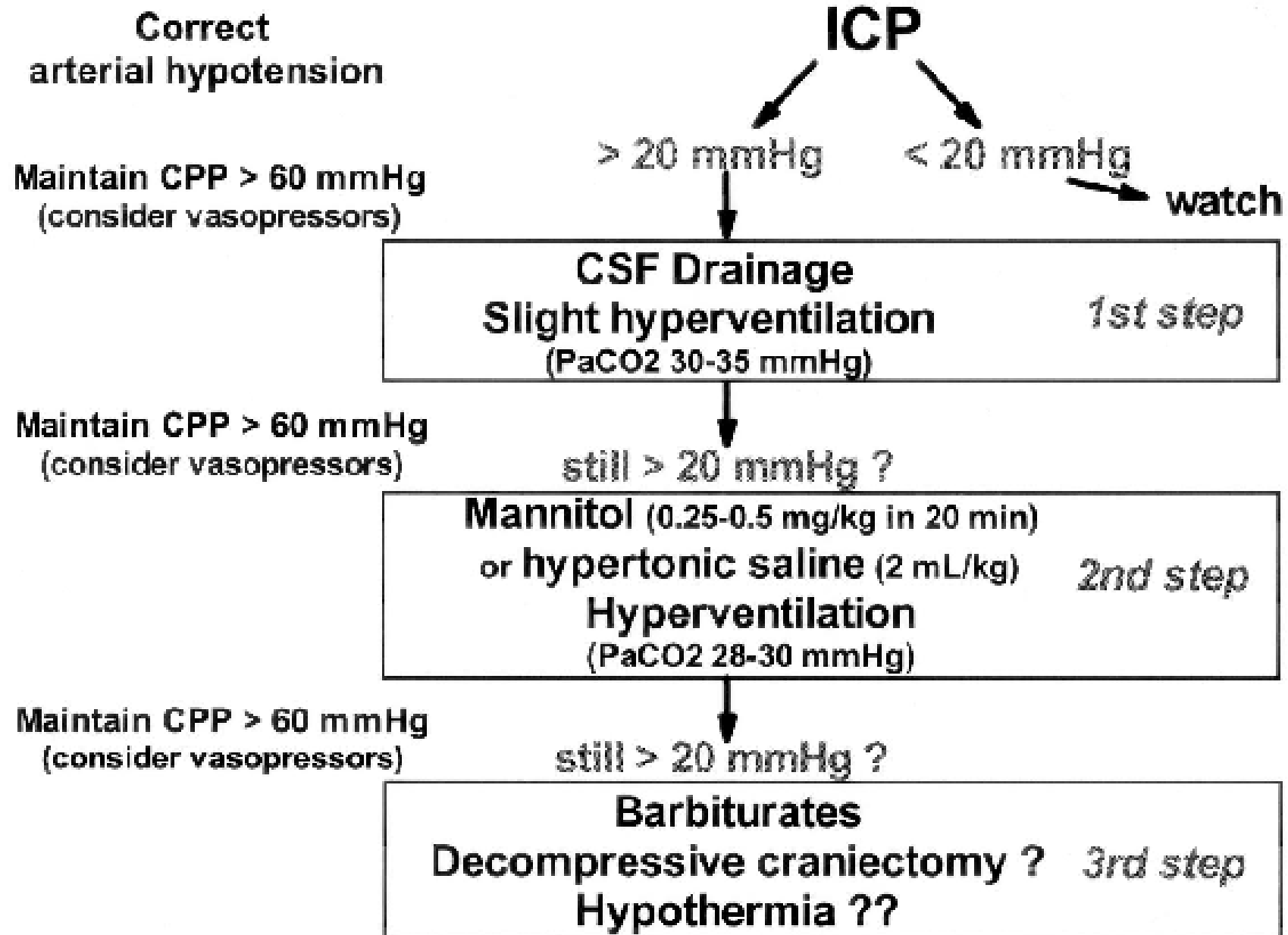


Figure 1. Management of intracranial hypertension in three steps. *ICP*, intracranial pressure; *CPP*,

Protocol 2

- Barbiturates
 barb. coma
- Hypothermia
- Cranial decompression
 (decompressive craniectomy)

corticosteroids

- Brain oedema.....no !
- Only vasogenic oedema.....around tumors

dexametason

- Transversal spinal cord lesion C part

metylprednisolon

first 24 hours

therapie

Brain trauma foundation guidelines (1995,
2000) 2007

Journal of neurotrauma vol 24, Suppl 1, 2007

Pediatric pat.: guidelines PCCM 2003 guidelines BTF)

CPP targeted/guided therapy,

ICP targeted/guided therapy

ICP/ CPP – PtiO₂ guided

Brain death

- Clinically: complete unresponsiveness, apne, and loss of brain stem rr. – coma
- The conditions that mimic brain death have been ruled out clinically /severe intoxication including anest + NMCD, severe hypothermia, severe metabolic dysbalance, lock-in sy/
- Absence of cerebral perfusion: cerebral angiography, CT angio, brain scintigraphy, TCD BAEP

cké známky smrti mozku.

.....
jméno a podpis vyšetřujícího lékaře A

.....
jméno a podpis vyšetřujícího lékaře B

S nepřesahuje č.4, lze provést některé z vyšetření potvrzující nevratnost smrti mozku možného dárce.

infratentoriální lézi se provádí pouze klinické vyšetření.

.....
jméno a podpis vyšetřujícího lékaře, odbornost a stupeň odbornosti

ující lékař musí mít specializovanou způsobilost v oboru radiobiologie a zobrazovací metody

.....
jméno a podpis vyšetřujícího lékaře, odbornost a stupeň odbornosti

ší mít specializovanou způsobilost v oboru radiobiologie a zobrazovací metody

.....
jméno a podpis vyšetřujícího lékaře, odbornost a stupeň odbornosti

řující lékař musí mít specializovanou způsobilost v oboru nukleární medicína

ch tepnách.

.....
jméno a podpis vyšetřujícího lékaře, odbornost a stupeň odbornosti